

# Wabash 101

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Dave Ingram (CAN), Sue MacFarlane (CAN), Mary Lou Bartley (CAN) & Stan deHaan (USA)

Music: Wabash Cannonball - The GrooveGrass Boyz



## KICK, KICK STEP LOCK STEP, KICK KICK STEP LOCK STEP

- 1-2 Kick left forward (toward 1:00), kick left back (toward 7:00)  
3&4 Step left forward, lock right behind left, step left forward  
5-6 Kick right forward (toward 11:00), kick right back (toward 5:00)  
7&8 Step right forward, lock left behind right, step right forward

## BUMP, BUMP, BUMP AND UP WITH ¼ TURN LEFT, COASTER STEP, STEP ½ TURN

- 1-2 Bump hips left, bump hips right  
3&4 Bump hips left, bend knees and pivot ¼ turn left, straighten up  
5&6 Step back left, step back right, step forward left  
7-8 Step right forward, pivot ½ turn left

## SIDE & SIDE & KICK & KICK (REPEAT)

- 1&2& Touch right to right side, step right beside left, touch left to left side, step left beside right  
3&4& Kick right front, step right beside left, kick left front, step left beside right  
5&6&7&8& Repeat above steps

## ROCK STEP, COASTER STEP, ROCK STEP, COASTER CROSS

- 1-2 Rock forward on right (at a right diagonal), step left in place  
3&4 Step right back, step left back, step right forward (facing front)  
5-6 Rock forward on left (at a left diagonal), step right in place  
7&8 Step left back, step right back, step left across in front of right

## WEAVE RIGHT, STEP SLIDE, BUMP, BUMP, BUMP & BUMP

- 1&2& Step right to right, cross left behind right, step right to right, cross left in front of right  
3&4 Step right to right, cross left in behind, step right a long step to right  
5-6 Slide left beside right at the same time bump hips right, bump hips left  
7&8 Bump hips right, left, right

## MAMBO LEFT, MAMBO RIGHT, CRAZY SWIVELS

- 1&2 Step left to left, step right in place, step left beside right  
3&4 Step right to right, step left in place, step right beside left  
5&6 Swivel both toes out, swivel both heels out, swivel both heels in  
&7&8 Swivel both heels out, swivel both heels in, swivel both toes in, swivel both heels in

## REPEAT

## TAG

After 7th wall the music will stop. Take a deep breath and start again from the top.