

Urban Lifestyle

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Jan Wyllie (AUS)

Music: Better Life - Keith Urban



This dance was written to celebrate the marriage of Keith Urban and Nicole Kidman in Sydney on 25th June 2006. May they have a long and happy life together

STOMP UP & STEP BACK, COASTER, STOMP UP & STEP BACK, COASTER

- 1&2 Stomp right beside left, small hop on left on the spot, step back on right
- 3&4 Step back on left, step right beside left, step forward on left (coaster)
- 5&6 Stomp right beside left, small hop on left on the spot, step back on right
- 7&8 Step back on left, step right beside left, step forward on left (coaster)

FORWARD LOCK STEP, WALK FORWARD LEFT, RIGHT, FORWARD MAMBO, WALK BACK RIGHT, LEFT

- 9&10 Step forward on right, lock/step left behind right, step forward on right
- 11-12 Walk forward left, right
- 13&14 Rock/step forward on left, rock back on right, step back on left (mambo)
- 15-16 Making a full turn right walk back right, left (or just walk back right, left, if you can't turn)

½ TURN SHUFFLE, LOCK/SHUFFLE FORWARD, TOUCH TOE FORWARD STEP BACK, COASTER

- 17&18 Making ½ turn right back over right shoulder shuffle forward right, left, right
- 19&20 Lock/shuffle forward left, right, left
- 21-22 Touch right toe forward, step back on right
- 23&24 Step back on left, step right beside left, step forward on left (coaster)

STEP PIVOT ¼, SHUFFLE FORWARD, FORWARD MAMBO, WALK BACK RIGHT, LEFT

- 25-26 Step forward on right, pivot ¼ left transferring weight to left
- 27&28 Shuffle forward right, left, right
- 29&30 Rock/step forward on left, rock back on right, step back on left (mambo)
- 31-32 Making a full turn right walk back right, left (or just walk back right, left if you can't turn)

½ TURN SHUFFLE, FORWARD ROCK RETURN, COASTER CROSS, SIDE ROCK RETURN

- 33&34 Making ½ turn right back over right shoulder shuffle forward right, left, right
- 35-36 Rock/step forward on left, rock back on right
- 37&38 Step back on left, step right beside left, step left across right (coaster cross)
- 39-40 Rock/step right to right, rock/return weight sideways onto left

RIGHT SAILOR STEP, ¼ TURN SAILOR STEP, ½ TURN SHUFFLE, &,HEEL JACK &STEP FORWARD

- 41&42 Step right behind left, step left to left, step right to right (sailor step)
- 43&44 Step left behind right, making ¼ right step forward on right, step back on left (¼ sailor step)
- 45&46 Making ½ turn right shuffle forward right, left, right
- &47&48 Step back on left, touch right heel forward, step right beside left, step forward on left

REPEAT