

# Upside Down Blues

Count: 32

Wall: 4

Level: Improver

Choreographer: Delwyn Swaisland (AUS)

Music: Bad Day for the Blues - David Ball



## RIGHT STEP FORWARD, ½ PIVOT, SHUFFLE

1-2 Step forward on right, ½ pivot to the left  
3&4 Shuffle forward right-left-right

## ROCK FORWARD, RECOVER, ½ TURN SHUFFLE

1-2 Rock forward on left, rock back on right  
3&4 Make a ½ turn to the left & shuffle forward left-right-left

## SIDE, BEHIND, SIDE, HEEL, HOLD

1-2 Step right to the right side, step left behind right  
&3 Step right to right, touch left heel forward at 45 degrees  
4 Hold

## BACK, CROSS, SIDE, CROSS, SIDE, HEEL, HOLD

&1 Step left back, step right across left  
&2 Step left to left side, step right across left  
&3 Step left to left side, touch right heel at 45 degrees  
4 Hold

## TOGETHER, HEEL, TOGETHER, STEP, ½ PIVOT

&1 Step right beside left, touch left heel forward 45 degrees  
&2 Step left beside right, step forward on right  
3-4 Step forward on left, ½ pivot to the right

## SHUFFLE, STEP ¼ TURN, TOGETHER

1&2 Shuffle forward left-right-left  
3 Turning ¼ left step side on right  
4 Step left beside right

## HEEL & TOUCH & FORWARD, HOLD

1& Touch right heel forward, step right beside left  
2& Touch left heel forward, step left beside right  
3-4 Step forward on right, hold

## ½ PIVOT RIGHT TWICE, TOGETHER

1-2 Step forward on left, ½ pivot to the right  
3-4 Step forward on left, ½ pivot to the right  
& Step left beside right

**REPEAT**