

# Up North

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Toni Leah Stevens (AUS)

Music: Up North (Down South, Back East, Out West) - Wade Hayes



## RIGHT STOMP KICK COASTER, LEFT STOMP KICK COASTER

- 1 Stomp right foot
- 2 Kick right foot forward
- 3&4 Step right foot back, step left foot beside right, step right foot forward
- 5 Stomp left foot beside right
- 6 Kick left foot forward
- 7&8 Step left foot back, step right foot beside left, step left foot forward

## SCUFF, TURN, HIP BUMPS

- 9 Scuff right foot forward
- 10 Swing right foot around into a ¼ turn to the right touching toe to floor
- 11 Bump right hip to side
- 12 Bump left hip to side
- 13-14 Bump right hip to side twice

## SHENNAY, TURN SHUFFLE, STOMP, KICK, CROSS, UNWIND

- 15&16 Shuffle sideways left across in front of right, (left, right, left)
- 17&18 Turning ¼ turn right, shuffle forward right, left, right
- 19 Stomp left foot beside right
- 20 Kick left foot forward at 45 degrees (hold left hand at eye level and click fingers)
- 21 Step left across right
- 22 Unwind turning ½ turn

## SHUFFLE/TURN, SHUFFLE/TURN, STEP, SCUFF, JUMP, TOE TAP

- 23&24 Turning ½ turn to the left, shuffle right, left, right
- 25&26 Turning ½ turn to the left, shuffle left, right, left
- 27 Step forward on right
- 28 Scuff left forward and across right
- 29 Jump on to left foot
- 30 Tap right toe behind (drop hands to sides and click fingers)

## SIDE SHUFFLE, HINGE, SIDE SHUFFLE, ROCK) TWICE

- 31&32 Shuffle sideways right, left, right
- & Spin ½ turn to the left on ball of right foot
- 33&34 Shuffle left, right, left
- 35 Step and rock onto right foot across behind left
- 36 Rock forward onto left foot
- 37&38 Shuffle sideways right, left, right
- & Spin ½ turn to the left on ball of right foot
- 39&40 Shuffle left, right, left
- 41 Step and rock onto right foot across behind left
- 42 Rock forward onto left foot

## TOE, HEEL, TOE BALL CHANGE TWICE

- 43 Right toe forward
- 44 Drop right heel

45-46 Stomp left beside right twice  
& Touch left ball of foot behind  
47 Return weight onto right foot  
48 Stamp left toe beside right  
& Touch left ball of foot behind  
49 Return weight onto right foot  
50 Stamp left toe beside right

#### **TURNING VINE WITH SCUFF**

51 Step left back  
52 Turning  $\frac{1}{4}$  turn to the right step right out  
53 Step left across in front of right  
54 Turning  $\frac{1}{4}$  turn scuff right forward

#### **SHUFFLE, TURN SHUFFLE, HEEL JACK, SHUFFLE, CANTER**

55&56 Shuffle forward right, left, right  
& Turn  $\frac{1}{2}$  turn to the left  
57&58 Shuffle forward left, right, left  
&59 Jump back on right foot, left heel forward 45 degrees  
&60 Step left beside right, step right forward (swing arms down and back and click fingers on &59)  
61&62 Shuffle forward left, right, left  
&63&64 Canter feet apart shoulder width and together, right out, left out, right in, left in

#### **REPEAT**

#### **TAG**

After the 2nd repetition, dance just counts 31-42 twice, then 31-36 . Then start again.

---