# The Truth About Men



Count: 68 Wall: 4 Level: Improver

Choreographer: Lotus Rose Bailes (USA)

Music: That's the Thing About a Memory - Tracy Byrd



#### TOE STRUT RIGHT AND SHUFFLE FORWARD

1-4 Toe strut right and left

5-8 Shuffle forward right and left

## KICK BALL CHANGE, 1/2 TURN TO LEFT AND SHUFFLE FORWARD

1&2 Right kick ball change

3-4 Cross right over left and turn ½ to left (keeping weight on right)

5&6 Shuffle forward left7&8 Shuffle forward right

#### TOE STRUT LEFT AND SHUFFLE FORWARD

1-4 Toe strut left and right5-8 Shuffle forward left and right

### KICK BALL CHANGE, ½ TURN TO RIGHT AND SHUFFLE FORWARD

1&2 Left kick ball change,

3-5 Cross left over right and turn ½ to right (keeping weight on left)

5&6 Shuffle forward right 7&8 Shuffle forward left

### SHUFFLE RIGHT AND LEFT WITH BACKWARD ROCKS

Shuffle right and rock back on the left and forward on rightShuffle left and rock back on the right and forward on left

# DIAGONAL TOUCHES, HIP BUMPS BACKWARDS

1-2 Step right forward at a diagonal to the right and touch the left beside the right (clap hands on

the touch)

3-4 Step left forward at a diagonal to the left and touch the right beside the left (clap hands on the

touch)

5&6 Step back right and hip bump7&8 Step back left and hip bump

### **HEEL GRINDS**

1-2 Heel grind right3-4 Heel grind left5-8 Repeat 1-4

#### FULL MONTEREY TURN TO THE RIGHT, 1/4 TURN HEEL BOUNCES

1-2 Touch right to right side, turn half to the right and step on right

3-4 Touch left to left side and step left beside right

5-8 Raise weight onto balls of feet and bounce heels on floor 4 times while turning ½ turn to the

right

### STEP, HOLD, 1/2 PIVOT-HOLD

1-2 Step forward on the right and hold

3-4 Turn ½ to the left and hold