

# Trundling Cowboy

Count: 66

Wall: 2

Level: Beginner

Choreographer: Zandra Varnham (SCO)

Music: I'm a Cowboy - Smokin' Armadillos



- 1 Kick right foot over left  
**Arm movements: cross arms pointing down, with palms in**
- 2 Kick right foot out to the right  
**Arm movements: keeping arms pointing down, point them down at sides**
- 3 Step right foot back
- 4 Rock forward on left
- 5 Step right beside left
- 6 Kick left foot over right  
**Arm movements: cross arms pointing down, with palms in**
- 7 Kick left foot out to left side  
**Arm movements: keeping arms pointing down, point them down at sides**
- 8 Step left foot back
- 9 Rock forward on right
- 10 Step left beside right
- 11&12 Shuffle left, right, left
- 13&14 Shuffle right, left, right
- 15-17 Scuff left foot, hitch the knee, stomp next to right foot
- 18-20 Scuff right foot, hitch the knee, stomp next to left foot
- 21-22 Switch left then right
- 21&22 Shuffle back right, left, right
- 23&24 Heel switch left, then right
- 25&26 Shuffle back right, left, right
- 27-28 Heel switch left, then right
- 29&30 Shuffle back right, left, right
- 31-32 Heel switch left then right
- 33 Turn ¼ turn right stepping right foot to right side
- 34 Stomp left beside right
- 35 Stomp right beside left
- 36 Rock forward left
- 37 Rock back right
- 38&39 Shuffle back left, right, left
- 40-43 Full turn over right shoulder over 4 counts
- 44&45 Shuffle right, left, right
- 46&47 Shuffle left, right, left
- 48-51 Full turn right over right shoulder over 4 counts
- 52-53 Heel switch left then right
- 54&55 Shuffle back right, left, right
- 56-57 Heel switch left then right
- 58&59 Shuffle back right, left, right

60-61 Heel switch left then right  
62&63 Shuffle back right, left, right  
64 Turn right stepping right to right side  
65 Stomp left foot next right  
66 Stomp right foot next to left

**REPEAT**

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