

# Through The Grapevine

Count: 32

Wall: 0

Level:

Choreographer: Nosmo King (UK)

Music: I Heard It Through the Grapevine - Marvin Gaye



## STEP TURN, STEP TURN, BACK ROCK, ROCK & CROSS

- 1-2 Step forward on right, touch left in place with  $\frac{1}{4}$  turn right
- 3 Making a  $\frac{1}{4}$  turn left step forward on left
- 4 Touch right in place with a  $\frac{1}{4}$  turn left
- 5-6 Rock back on right, rock on left
- 7&8 Rock right to right, & step left in place, cross right over left

## LAZY VINE, LEFT COASTER STEP

- 1-2 Step left to left, slide right behind left
  - 3-4 Touch left in place, step left to left
  - 5-6 Slide right behind left, touch left in place
  - 7&8 Coaster step, left back, right together, left forward
- On steps 3 and 6, for styling add with elbows bent bring back into body

## GRAPEVINE RIGHT, HEEL JACKS

- 1-2 Step right to right, step left behind
- 3-4 Step right to right, touch left to side of right
- &5 Step back on left, touch right heel forward
- &6 Step right in place, touch left toe to right heel
- &7 Step back on left, touch right heel forward
- &8 Step right in place, touch left toe to right heel

## STEP $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN SHUFFLE, MAMBO STEP, SHUFFLE

- 1-2 Step forward on left,  $\frac{1}{2}$  turn to right on right
- 3&4  $\frac{1}{2}$  turn shuffle to right, on left, right, left
- 5&6 Step back on right, step forward on left, step right in place
- 7&8 Step forward on left, & step right in place, step forward on left

## REPEAT

## TAG

Danced once at the end of wall six

## GRAPEVINE RIGHT, HEEL JACKS

- 1-2 Step right to right, step left behind
  - 3-4 Step right to right, touch left to side of right
  - &5 Step back on left, touch right heel forward
  - &6 Step right in place, touch left toe to right heel
  - &7 Step back on left, touch right heel forward
  - &8 Step right in place, touch left toe to right heel
- 9-16 Dance a mirror image of those 8 counts (left vine with left heel jacks)