### This Must Look Bad



Count: 56 Wall: 4 Level: Intermediate/Advanced polka

Choreographer: Teea Riihuhta & Hanne Riihuhta

Music: Two More Pairs Of Feet - Tony Lewis



#### 2 SHUFFLES MOVING BACKWARD TURNING A FULL TURN TOTAL, SHUFFLE BACK, COASTER STEP

1&2	Right shuffle back turning ½ right (right, left, right)
3&4	Left shuffle forward turning ½ right left, right, left

5&6 Right shuffle back right, left, right

7&8 Step left back, step right next to left, step left forward (left coaster step)

#### RIGHT SHUFFLE FORWARD, BRUSH, HOOK & TURN ½, REPEAT WITH LEFT FOOT

1&2 Right shuffle forward right, left, right

3-4 Brush left forward, hook left over right as you turn ½ right (weight on right)

5&6 Left shuffle forward left, right, left

7-8 Brush right forward, hook right over left as you turn ½ left (weight on left)

#### JUMP OUT, JUMP CROSS, UNWIND, HOLD, KICK, KICK, KICK TWICE

1-2 Jump and land with both feet apart, jump and land with right crossed over left

3-4 Unwind turning ½ left over counts 3-4

5&6& Kick right forward & across left, step right next to left, kick left forward & across right, step left

next to right

7-8 Kick right forward & across left twice

#### TURN 1/4 RIGHT & SHUFFLE FORWARD, 1/2 TURN RIGHT, SYNCOPATED STEP SLIDES, TOUCH SIDE

1&2 Turn ¼ right and do a right shuffle forward right, left, right

3-4 Step left forward & turn ½ right, step right in place

5&6&7-8 Step left forward, slide right up to left, step left forward, slide right up to left, step left forward,

touch right toe to right side

This resembles a "gallop" like a horse

## SAILOR SHUFFLE WITH A WRONG WAY TURN (LEFT), SAILOR SHUFFLE, WALK, WALK, SHUFFLE TURN

1&2	Cross right behind lef	. step left in	place turning ¼ left	. step right in	place - feet slightly apart

(right sailor shuffle with a 1/4 turn left)

3&4 Cross left behind right, step right to right side, step left in place (left sailor shuffle)

5-6 Step right forward, step left forward

7&8 Right shuffle turning ½ left (right, left, right)

#### LEFT COASTER STEP, RIGHT SHUFFLE FORWARD, KICK TURN COMBINATION

1&2	Step left back, st	tep right next to le	ft, step left forward

3&4 Right shuffle forward right, left, right

5-6 Kick left forward, turn ½ right on ball of right foot & kick left back 7-8 Kick left forward, turn ¼ right on ball of right foot & kick left back

# 2 SHUFFLES MOVING FORWARD TURNING A FULL TURN RIGHT, ROCK STEP FORWARD, LEFT COASTER STEP

1&2	Left shuffle forward left, right, left turning ½ right
3&4	Right shuffle back right, left, right turning ½ right

5-6 Rock left forward, step right in place

7&8 Step left back, step right next to left, step left forward

### **REPEAT**

Toward the end of the song there is a slow down & stop. This happens on the "gallop". Just wait until you hear the beat cues to start back up again, and continue where you left off!