

# This & That

Count: 32

Wall: 2

Level: Improver

Choreographer: Kathy Stearns (USA)

Music: A Man With 18 Wheels - Lee Ann Womack



## WALK, ¾ TURN, WALK, HIP PUSHES

- 1-4 Walk forward right, left, right, left  
& Spin ¾ turn right keeping weight on left foot  
5-6 Walk forward right, left  
7&8 Step right to right side; push hips left; push hips right

## WEAVE, HEEL TAPS

- 9-10 Step left to left side; cross-step right behind left  
11-12 Step left to left side; cross-step right over left  
13 Step left to left side  
14-16 Tap right heel 3 times

## HUSTLE BASIC, TURN, HOLD

- &17-18 Step on ball of right beside left; step left foot forward; turning ½ left, step back on right  
19-20 Step left back; hold  
&21-22 Step on ball of right beside left; step left foot forward; turning ½ left, step back on right  
23-24 Step left back; hold

## SIDE ROCK, ¼ TURN, STEP BACK, HOLD, TURNING TRIPLE STEP, PIVOT TURN, STEP BACK

- &25-26 Rock-step right to right side; rock weight onto left foot to left side turning ¼ left, step right foot back  
27-28 Step left back; hold  
29&30 Spinning ½ turn right, triple step forward stepping right, left, right  
31-32 Step left forward; pivot ½ turn right onto right foot  
& Rock weight onto ball of left foot

## REPEAT

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