

Tender Woman

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Pauline Burgess & Mark Burgess

Music: The Snake - Al Wilson



¼ TURN RIGHT HEEL GRIND, COASTER, ¼ TURN LEFT, HEEL GRIND COASTER

- 1-2 Touch heel forward, grind heel ¼ turn right, step back on left
3&4 Step back right, step left beside right, step forward right
5-6 Touch left heel forward, grind heel ¼ turn left, step back right
7&8 Step back left, step right beside left, step forward left

FORWARD ROCK, TRIPLE ½ TURN RIGHT, STEP ½ PIVOT, SHUFFLE FORWARD

- 1-2 Rock forward on right, rock back on left
3&4 Triple step ½ turn right, stepping right left right
5-6 Step forward left, pivot ½ turn right
7&8 Step forward left, step right beside left, step left forward

RIGHT ROCK, CROSSING DIAGONAL FORWARD SHUFFLE, LEFT ROCK CROSSING DIAGONAL FORWARD SHUFFLE

- 1-2 Rock right to right side, rock onto left in place
3&4 Cross right over left, step left to left side, cross right over left (traveling diagonally forward)
5-6 Rock left to left side, rock onto right in place
7&8 Cross left over right, step right to right side, cross left over right, (traveling diagonally forward)

GRAPEVINE ¼ TURN RIGHT, STEP ½ PIVOT, ¼ TURN BEHIND, ¼ TURN LEFT

- 1-2 Step right to right side, cross left behind right
3-4 Step ¼ turn right, step forward left
5-6 Pivot ½ turn right, make ¼ turn right stepping left to left side
7-8 Cross right behind left, step left ¼ turn left

REPEAT

TAG

End of 3rd wall

HIP BUMPS

- 1-2 Bump hips right, bump hips left
3-4 Bump hips right, bump hips left

End of 6th and 9th wall

TOE SWITCHES, HEEL SWITCHES, STEP ½ PIVOT, STEP ½ PIVOT, HIP BUMPS

- 1&2 Touch right toe to right side, step right beside left, touch left toe to left side
&3&4 Step left beside right, touch right heel forward, step right beside left, touch left heel forward
&5-6 Step left beside right, step forward right, pivot ½ turn left
7-8 Step forward right, pivot ½ turn left
9-10 Bump hips right, bump hips left
11-12 Bump hips right, bump hips left