

Tender Heart

Count: 56

Wall: 1

Level: Intermediate

Choreographer: The Dynamic Duo (UK)

Music: Tender Heart - Lionel Richie



ROCK, RECOVER, SIDE SHUFFLE, CROSS UNWIND, SHUFFLE

- 1-2 Rock right over left, recover on left
- 3&4 Step right to right, step left by right, step right to right
- 5-6 Cross left over right, unwind $\frac{3}{4}$ turn right
- 7&8 Step forward on left, step right by left, step forward on left

ROCK, RECOVER, COASTER STEP, STEP $\frac{1}{2}$ PIVOT TWICE

- 9-10 Rock forward on right, recover on left
- 11&12 Step back on right, step left by right, step forward on right
- 13-14 Step forward on left, make $\frac{1}{2}$ pivot right
- 15-16 Step forward on left, make $\frac{1}{2}$ pivot right

ROCK, RECOVER, SIDE SHUFFLE, CROSS UNWIND, SHUFFLE

- 17-18 Rock left over right, recover on right
- 19&20 Step left to left, step right by left, step left to left
- 21-22 Cross right over left, unwind $\frac{3}{4}$ turn left
- 23&24 Step forward on right, step left by right, step forward on right

ROCK, RECOVER, COASTER STEP, STEP $\frac{1}{2}$ PIVOT TWICE

- 25-26 Rock forward on left, recover on right
- 27&28 Step back on left, step right by left, step forward on left
- 29-30 Step forward on right, make $\frac{1}{2}$ pivot left
- 31-32 Step forward on right, make $\frac{1}{2}$ pivot left

SLIDE STEPS (MOVING SLIGHTLY FORWARD)

- 33-34 Slide right slightly forward to right, slide left by right
- 35-36 Slide left slightly forward to left, slide right by left
- 37-38 Slide right slightly forward to right, slide left by right
- 39-40 Slide left slightly forward to left, slide right by left

MAMBO STEPS, STEP $\frac{1}{2}$ PIVOT SHUFFLE

- 41&42 Rock forward on right, recover on left, step back on right
- 43&44 Rock back on left, recover on right, step forward on left
- 45-46 Step forward on right, make $\frac{1}{2}$ pivot left
- 47&48 Step forward on right, step left by right, step forward on right

MAMBO STEPS, STEP $\frac{1}{2}$ PIVOT SHUFFLE

- 49&50 Rock forward on left, recover on right, step back on left
- 51&52 Rock back on right, recover on left, step forward on right
- 53-54 Step forward on left, make $\frac{1}{2}$ pivot right
- 55&56 Step forward on left, step right by left, step forward on left

REPEAT
