Swing Your Chains For Two (P)

Count: 32   **Wall:** 0   **Level:** Partner

Choreographer: Pat Pallas (CAN) & Joe Pallas (CAN)

Music: Chains - Tina Arena

Position: Sweetheart, same footwork for both partners
Adapted with permission, from the line dance Swing Your Chains, choreographed by Dee Soares and Shaun Maguire.

WALK, WALK, MAMBO FORWARD, ANCHOR STEP, WALK, WALK

1-2	Walk forward right, left
3&4	Step forward right, step left beside right, step back right
5&6	Step left back slightly behind right, step on right, step on left

5&6 are done in 3rd foot position

7-8	Walk forward right, left

¼ TURN POINT, STEP, ¼ TURN POINT, STEP, ¼ TURN POINT, STEP, ¼ TURN POINT, STEP

1-2	Turn ¼ to left and point right toe to right, step on right

Release left hands, right to right only

3-4	Turn ¼ left and point left toe forward, step on left

Release right hands, pick up left to left only

5-6	Turn ¼ left and point right toe to right, step on right

Pick up right hands returning to sweetheart position

7-8	Turn ¼ left and point left toe forward, step on left

Full turn completed, facing LOD
The points on 1,3,5 &7 are done with a swinging motion with no weight

STEP, TOUCH, HOLD, ANCHOR STEP, WALK, WALK, BALL CROSS, POINT

&1-2	Step back on right, touch left toe forward, hold
3&4	Step left back slightly behind right, step on right, step on left

3&4 are done in 3rd foot position

5-6	Walk forward right, left
&7-8	Step on ball of right foot, cross left over right angling slightly to left

Point right toe to side

SYNCOPATED LEFT VINE WITH A PRESS, RECOVER, STEP, TRIPLE IN PLACE/TURNING TRIPLE

1-2	Cross right over left, step left to side
3&4	Step right behind left, step left, step(press/lunge) right across left
5-6	Recover on left, step right to the side

Lady begins a slight turn to right on 6, man releases left hands on 6

7&8	**MAN:** Step left, right, left in place
	LADY: Step left, right, left, making a full turn to right

Man picks up left hand on 8, sweetheart position
Easier option on 7&8: both partners do a triple in place

REPEAT