

# Superman

**COPPER** **NOB**  
BY STEPHEN BATES

Count: 72

Wall: 2

Level: Intermediate/Advanced

Choreographer: Lu Olsen (AUS)

Music: Superman - Ronan Keating



## BEHIND, REPLACE, ½ STEP BACK, ½ TURN - HOOK, ¼ TURN STEP SIDE, ROCK BEHIND, REPLACE WEIGHT, RIGHT ¼ TURN, ½ STEP FORWARD

- 1-2& Rock right behind left, replace weight on left, ½ turn left turn and step right back  
3-4 ½ turn left turn and step left forward hooking right behind left knee, ¼ turn left turn, step right to right side 9:00  
5-6 Rock left behind right, replace weight on right  
&7-8 ¼ turn right turn and step left back, ½ turn right turn right forward, step left forward, 6:00

## SIDE/Drag, FORWARD, BESIDE, FORWARD, BESIDE, TOGETHER, BACK, SWEEP, ¼ RIGHT TURNING SAILOR

- 1-2& Step right to right and drag left towards right, step left forward at left diagonal, step right beside left  
3-4& Step left forward at left diagonal and drag right towards left, step right to right side, step left beside right  
5-6 Step right back, sweep left behind right  
7&8 ¼ turn right turning sailor stepping right-left-right

End wall 2 9:00

## & BEHIND, REPLACE, ¼ BACK ½ TURN FORWARD, FORWARD, CROSS, LEFT TO SIDE, RIGHT TO SIDE, CROSS ½ TURN, TOGETHER

- 1-2&3 Rock left behind right, replace weight onto right, ¼ turn right turn and step left back, ½ turn right turn and step right forward  
&4 Step left forward, cross right over left  
5-6 Rock left to left side, rock right to right side  
7&8& Cross left over right, ¼ turn left turn step right back, ¼ turn left turn step left forward, step right beside left, 12:00

## BEHIND, REPLACE, ¼ BACK ½ TURN FORWARD, FORWARD, CROSS, LEFT TO SIDE, RIGHT TO SIDE, CROSS ½ TURN, TOGETHER

- 1-2&3& Rock left behind right, replace weight onto right, ¼ turn right turn and step left back, ½ turn right turn and step right forward  
&4 Step left forward, cross right over left  
5-6 Rock left to left side, rock right to right side  
7&8& Cross left over right, ¼ turn left turn step right back, ¼ turn left turn step left forward, step right beside left, 3:00

## SWEEP, SWEEP, BEHIND, SIDE, CROSS, SWEEP, SWEEP, CROSS, SIDE BEHIND, SIDE

- 1-2-3&4 (Moving back) sweep left behind right, sweep right behind left, step left behind right, step right to right side, cross left over right  
5-6 (Moving forward) sweep right over left, sweep left over right  
7&8& Cross right over left, step left to left side, step right behind left, step left to left side 3:00

At the end of wall 5, add

- 1-2-3 Cross right over left, step left to left side, slow drag/sweep right into a ¼ turn right turn & start next wall at 12:00)

## LUNGE FORWARD, REPLACE, ½ TURN STEP FORWARD, LUNGE FORWARD, BACK, FORWARD, BACK, ½ ¼ TURN LEFT SAILOR

- 1-2&3 Lunge right forward, replace weight onto left, ½ turn right turn & step right forward, lunge left forward
- 4& Rock right back in place, rock left forward in place
- 5&6 Rock back on right, ½ turn left turn and step left forward, ¼ turn left turn and step right to right side, 12:00
- 7&8 (Left sailor) step left behind right, step right to right side, step left to left side

**& BESIDE, ROCK BACK, FORWARD, FULL LEFT SHUFFLE TURN, FORWARD, BACK/BRUSH FULL RIGHT SHUFFLE TURN, FORWARD**

- &1-2-3&4 Step right beside left, rock left back, step right forward & drag left, full forward left shuffle turn stepping left-right-left
- 5-6 Step right forward, step left back and brush right over left
- 7&8& Full forward right shuffle turn stepping right, left right, step left forward, 12:00

**BACK, CROSS, BESIDE, BACK, REPLACE, BESIDE, (REPEAT)**

- 1-2& Step right back at right diagonal, drag & step left over right, step right to right side
- 3-4& Step left back at left diagonal, rock right in place, step left beside right
- 5-6& Step right back at right diagonal, drag & step left over right, step right to right side
- 7-8& Step left back at left diagonal, rock right in place, step left beside right, 12:00

**BEHIND, UNWIND, SIDE, CROSS, SIDE, SIDE, CROSS, ½ TURN STEP FORWARD SIDE, BESIDE FORWARD**

- 1-2 Right toe behind left, full right unwind (weight on right)
- &3-4& Step left to left side, cross right over left, step left to left side, step right to right side
- 5-6 Cross left over right, ½ turn right turn and step right forward
- 7&8 Step left to left side, step right beside left, step left slightly forward 6:00

**REPEAT**

**RESTART**

**On wall 2, start 6:00. Dance to count 16 without turning the sailor step, then add**

**&** Step left together

**To start wall 3 at 12:00**

**Wall 4 starts at 6:00. Dance to count 48 to commence wall 5 at 6:00**

**Wall 5 starts at 6:00. Dance to count 40 & add**

1-2-3 Cross right over left, step left to left side, slow drag/sweep right into a ¼ turn right turn

**Start next wall at 12:00**

**ENDING**

**On wall 6, dance to count 18 & then add the following to finish**

- 19-20-21&22 Rock right back, rock left forward and drag right towards left, full right turn shuffle forward stepping right-left-right
  - &23-24 Step left beside right, step right forward, drag left towards right
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