

Super Trouper

Count: 60

Wall: 4

Level: Intermediate

Choreographer: Dale Zumwalt (USA)

Music: Super Trouper - ABBA



This dance is dedicated to the members of the Bay Path Barn Country Kickers dance team
Except for counts 33-48, this dance is exactly identical to "Call From Glasgow" by Carmela Saliba

ROCK STEPS, COASTER STEPS

- 1-2 Step left foot forward, rock back on right
- 3&4 Step left foot back, step right foot beside left, step forward on left
- 5-6 Step right foot forward, rock back on left
- 7&8 Step right foot back, step left beside right, step forward on right

ROCK RECOVER, CROSS SIDE CROSS, ROCK RECOVER, CROSS SIDE CROSS

- 1-2 Step left foot to left side, rock back on right foot
- 3&4 Cross left foot over right, step right foot to right side, cross left foot over right
- 5-6 Step right foot to right side, rock back on left foot
- 7&8 Cross right foot over left, step left foot to left side, cross right foot over left

HEEL/TOES, ROCK RECOVER, ½ TURN LEFT

- 1-2 Step left heel forward, drop left toe
- 3-4 Step right heel forward, drop right toe
- 5-6 Step left foot forward, rock back on right foot
- 7&8 Step left foot ¼ turn left, step right foot next to left, step left foot ¼ turn to left

KICK KICK, COASTER STEP, KICK KICK, COASTER STEP

- 1-2 Kick right foot forward twice
- 3&4 Step right foot back, step left foot next to right, step forward on right
- 5-6 Kick left foot forward twice
- 7&8 Step left foot back, step right foot next to left, step forward on left

WIZARD OF OZ STEPS, STEP PIVOT, FORWARD SHUFFLE

- 1-2 Step forward on right foot, cross left foot behind right
- &3-4 Step right foot to right side, step forward on left, cross right foot behind left
- &5-6 Step forward on left foot, step forward on right foot, pivot ½ turn left
- 7&8 Step forward on right foot, step left foot beside right, step forward on right

WIZARD OF OZ STEPS, STEP PIVOT, FORWARD SHUFFLE

- 1-2 Step forward on left foot, cross right foot behind left
- &3-4 Step left foot to left side, step forward on right, cross left foot behind right
- &5-6 Step forward on right foot, step forward on left foot, pivot ½ turn right
- 7&8 Step forward on left foot, step right foot beside left, step forward on left

SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER

- 1&2 Step right foot to right side, step left foot beside right, step right foot to right side
- 3-4 Cross left foot behind right, recover back on right foot
- 5&5 Step left foot to left side, step right foot beside left, step left foot to left side
- 7-8 Cross right foot behind left, recover back on left foot

ROCK RECOVER, ¾ TURN RIGHT

- 1-2 Step forward on right foot, recover back on left foot (begin turning body to the right)

3&4

Step right foot $\frac{1}{4}$ turn to the right (continue turning body to the right), step left foot $\frac{1}{4}$ turn right, step right foot $\frac{1}{4}$ turn to the right (new wall)

REPEAT
