

Strong Enough To Bend

Count: 32

Wall: 2

Level: Improver

Choreographer: Trish Davies (AUS)

Music: Strong Enough to Bend - Tanya Tucker



PIVOT TURN, SHUFFLE FORWARD, PADDLE TURN, SHUFFLE ACROSS

- 1-2 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 3&4 Shuffle forward right, left, right
- 5-6 Step left forward, turn $\frac{1}{4}$ right (weight to right)
- 7&8 Crossing shuffle stepping left, right, left

SIDE, BEHIND-SIDE-ACROSS, SIDE, SIDE, BEHIND-SIDE-ACROSS, $\frac{1}{4}$ TURN

- 1-2& Step right to side, cross left behind right, step right to side
- 3-4 Cross left over right, step right to side
- 5-6& Step left to side, cross right behind left, step left to side
- 7-8 Cross right over left, turn $\frac{1}{4}$ left and step left forward

FORWARD-CLAP-FORWARD-CLAP, COASTER FORWARD, BACK-CLAP-BACK-CLAP, COASTER BACK

- 1&2& Step right forward, clap, step left forward, clap
- 3&4 Step right forward, step left together, step right back
- 5&6& Step left back, clap, step right back, clap
- 7&8 Step left back, step right together, step left forward

HEEL-HOOK-HEEL-HOOK, FORWARD-LOCK-FORWARD, HEEL-HOOK-HEEL-HOOK, FORWARD-LOCK-FORWARD

- 1& Touch right heel forward, hook right over left
- 2& Touch right heel forward, hook right over left
- 3&4 Step right forward, lock left behind right, step right forward
- 5& Touch left heel forward, hook left over right
- 6& Touch left heel forward, hook left over right
- 7&8 Step left forward, lock right behind left, step left forward

REPEAT
