

# Stop And Go

Count: 32

Wall: 4

Level: Improver

Choreographer: Matesa (AUT)

Music: Come Go With Me - The Beach Boys



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## **KICK, ¼ TURN STEP, KICK, STEP, KICK BALL STEP, STEP, HOLD**

- 1-2 Kick right foot forward, turn ¼ right as you step right next to left
- 3-4 Kick left foot forward, step left next to right
- 5&6 Kick right foot forward, step right next to left, step left forward
- 7-8 Step right forward, hold

## **½ TURN RIGHT, STEP, HOLD, TWO TRIPLE ½ TURNS**

- 1-2 Step forward left, make ½ turn right
- 3-4 Step forward left, hold
- 5&6 Turn ½ left while doing a triple step right-left-right
- 7&8 Turn ½ left while doing a triple step left-right-left

**Counts 5-8 should be done almost in place**

**Easier option for counts 5-8: replace triple turns by**

## **SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, KEEPING STEPS SMALL**

- 5&6 Shuffle forward right-left-right
- 7&8 Shuffle forward left-right-left

## **SIDE ROCK, SLOW SAILOR STEPS**

- 1-4 Rock right to right side, step left in place, cross right behind left, rock left to left side
- 5-8 Step right in place, cross left behind right, rock right to right side, step left foot forward

## **½ TURN, HOLD, ½ TURN, HOLD**

- 1-4 Step forward right, make ½ turn left, step forward right, hold and clap
- 5-8 Step forward left, make ½ turn right, step forward left, hold and clap

## **REPEAT**

## **TAG**

**For Supergrass track, after wall 8 (facing front wall) repeat last eight counts**

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