

# Stitched Up

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Intermediate west coast swing

**Choreographer:** Donna Shea (USA)

**Music:** Stitched Up (feat. John Mayer) - Herbie Hancock



## **PRESS, KICK, STEP-LOCK-STEP, ½ TURN SHUFFLE, ½ TURN ½ TURN**

- 1-2 Press right toe forward, kick right foot forward  
3&4 Step back right, cross left over right, step back right  
5&6 Turn ½ turn to the left stepping left, right, left  
7-8 Turn ½ turn to left stepping back right, turn ½ turn to left stepping forward left

## **ROCK STEP, STEP-LOCK-STEP, STEP-LOCK-STEP-LOCK-STEP-LOCK-STEP**

- 1-2 Rock forward on right foot, recover back to left foot  
3&4 Step back right, cross left over right, step back right  
5&6& Step back left, step right over left, step back left, step right over left  
7&8 Step back left, step right over left, step back left

## **¼ TURN RIGHT, ¼ TURN RIGHT, ½ TURN SHUFFLE, ROCK STEP, 1 ¼ SHUFFLE TO THE LEFT**

- 1-2 Step right foot ¼ turn to the right, step left foot ¼ turn to the right  
3&4 Pivot ½ turn to the right on left foot and shuffle sideways right-left-right  
5-6 Step left foot across right, recover onto to right foot  
7&8 Turn 1 ¼ turns to the left while shuffling left-right-left

**For those who don't spin, shuffle left with a ¼ turn left on count 8**

## **TOE HEEL, ½ TURN TOE HEEL, ½ TURN TOE HEEL, ROCK STEP**

- 1-2 Point right toe forward, take weight onto right foot  
3-4 Turn ½ turn to the right touching left toe behind, take weight onto left foot  
5-6 Turn ½ turn to the right touching right toe forward, take weight onto right foot  
7-8 Rock forward onto left foot, recover back onto right foot  
& Change weight to left and start again!

**REPEAT**

**RESTART**

**On wall 7, restart after count 8**