

Steel Bars

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Chris Cleevely (UK)

Music: Steel Bars - Michael Bolton



LEFT SHUFFLE FORWARD; WALK RIGHT, WALK LEFT; LEFT ¼ TURN RIGHT CHASSE; LEFT ¼ TURNING COASTER

- 1&2 Shuffle forward stepping left, right, left
- 3-4 Walk forward right, walk forward left (with attitude)
- 5&6 Making ¼ turn left, chasse right, left, right
- 7&8 Making ¼ turn left, step back on left step right by left, step forward on left

RIGHT SHUFFLE FORWARD; WALK LEFT, WALK RIGHT; POINT LEFT, ¼ TURN LEFT; LEFT SHUFFLE FORWARD

- 9&10 Shuffle forward stepping right, left, right
- 11-12 Walk forward left, walk forward right (with attitude)
- 13-14 Point left toes to left side, twist ¼ turn left (weight on right)
- 15&16 Shuffle forward left, right, left

CROSS, BACK; ½ TURNING SHUFFLE; RIGHT ¼ TURN LEFT CHASSE; RIGHT COASTER

- 17-18 Cross right over left, step back on left
- 19&20 Shuffle ½ turn right, stepping right, left, right
- 21&22 Making ¼ turn right, chasse left, right, left
- 23&24 Step back on right, step left by right, step forward on right

CROSS, SIDE; LEFT COASTER; RIGHT KICK & POINT LEFT; KNEE POP, ¼ TURN LEFT

- 25-26 Cross left over right, step right to right side
- 27&28 Step back on left, step right by left, step forward on left
- 29&30 Kick right forward, step right in place, point left to left side
- 31-32 Turn left knee to right (or hold for one count), twist ¼ turn left (weight on right)

REPEAT

RESTART

Restart the dance after count 24 on wall 3 (you will be facing 6:00)

Restart the dance after count 20 on wall 6 (you will be facing 9:00)
