

Spirit In The Sky

Count: 32

Wall: 4

Level: Improver

Choreographer: Audrey Watson (SCO)

Music: Spirit In the Sky - Gareth Gates



STEP FORWARD, ¼ TURN LEFT, SHUFFLE BACK, BACK ROCK, FORWARD SHUFFLE

- 1-2 Step forward on left, turn ¼ turn left stepping right to right/side
- 3&4 Shuffle back on left, right, left
- 5-6 Rock back on right, recover on left
- 7&8 Shuffle forward on right, left, right

STEP FORWARD, ¼ TURN LEFT, SHUFFLE BACK. BACK ROCK, SIDE ROCK

- 1-2 Step forward on left, turn ¼ turn left, stepping right to right/side
- 3&4 Shuffle back on left, right, left
- 5-6 Rock back on right, recover on left
- 7-8 Rock right to right/side, recover on left

CROSS SHUFFLE SIDE STEP ¼ TURN CROSS SHUFFLE, SIDE ROCK

- 1&2 Cross right over left, step left to left/side, cross right over left
- 3-4 Step left to left side, turn ¼ right, stepping right to right / side
- 5&6 Cross left over right, step right to right/side, cross left over right
- 7-8 Rock right to right/side, recover on left

FORWARD SHUFFLE, ½ TURN SHUFFLE, BACK ROCK, STOMP & CLAP TWICE

- 1&2 Shuffle forward on right, left, right
- 3&4 Turn ½ turn right, stepping left, right, left
- 5-6 Rock back on right, recover on left
- 7-8 Stomp right next left, stomp right stepping down on right.(clap hands on the stomps)

REPEAT
