

Soul Sister

Count: 32

Wall: 4

Level:

Choreographer: A.T. Kinson (USA)

Music: Lady Marmalade - All Saints



SIDE STEP, SYNCOPATED CROSS ROCK/KNEE LIFT, SAILOR SHUFFLE, CROSS STEP- $\frac{3}{4}$ TWIST, COASTER STEP

- 1-2 Left foot step to left side, right foot rock across left foot
- &3 Recover weight to left foot, lift right knee into figure 4
- 4& Right foot step across behind left foot, left foot step to left side
- 5-6 Right foot step in place, left foot step across in front of right foot
- 7 Twist turn right $\frac{3}{4}$ ending with right foot in front of left foot (weight on left foot)
- 8&1 Right foot step back, left foot step next to right foot, right foot step forward

$\frac{1}{4}$ RIGHT, FORWARD ROCK, BACK PIVOT TURNING RIGHT, TWO FORWARD STEPS, SIDE BREAK, SIDE TOGETHER LEFT

- 2 Turning $\frac{1}{4}$ right rock left foot forward (yes, $\frac{1}{4}$ right)
- 3-4 Recover weight to right foot, left foot step back with $\frac{1}{2}$ pivot turn right
- &5 Right foot step forward, left foot step forward
- 6&7 Right foot step to right side, left foot step in place, right foot step next to left foot
- 8& Left foot step to left side, right foot step next to left foot

$\frac{1}{4}$ LEFT, FORWARD STEP, ROCK/TAP STEP, $\frac{1}{4}$ RIGHT, SIDE TOGETHER SIDE, ROCK & RONDE $\frac{1}{2}$ LEFT, COASTER STEP

- 1-2 Turning $\frac{1}{4}$ left step left foot forward, right foot rock forward
- &3 Tap toe of left foot behind right foot with calves crossed, recover weight to left foot turning $\frac{1}{4}$ right
- 4&5 Right foot step to right side, left foot step next to right foot, right foot step to right side
- 6-7 Left foot rock forward, recover weight to right foot and ronde left foot $\frac{1}{2}$ left
- 8&1 Left foot step back, right foot step next to left foot, left foot step forward

FORWARD ROCK, $\frac{1}{4}$ TURN RIGHT, SYNCOPATED SIDE ROCK, BACK ROCK, SIDE TOGETHER LEFT

- 2-3 Right foot rock forward, recover weight to left foot
- 4 Turning body $\frac{1}{4}$ right step right foot to right side
- &5 Left foot step in place, right foot step next to left foot
- 6-7 Left foot rock back, recover weight to right foot
- 8& Left foot step to left side, right foot step next to left foot

REPEAT
