

# Soft & Low

Count: 60

Wall: 4

Level: Intermediate foxtrot

Choreographer: Tom Monaghan (NZ) & Wendy Monaghan (NZ)

Music: Your Man - Josh Turner



Start on the word "lights" 37 beats in

## RIGHT FULL TURN FORWARD, STEP, PIVOT, CROSS/STEP

1-2-3 Full turn forward stepping right, left, right  
4-5-6 Step left forward, pivot  $\frac{1}{4}$  turn right, cross/step left over right

## SIDE, ROCK, BEHIND TWICE

1-2-3 Side/rock right to right, recover on left, step right behind left  
4-5-6 Side/rock left to left, recover on right, step left behind right

## $\frac{1}{4}$ TURN STEP, $\frac{1}{2}$ PIVOT, FORWARD, FORWARD, BACK

1-2-3 Step right into  $\frac{1}{4}$  turn right, step left forward, pivot  $\frac{1}{2}$  right (weight on right)  
4-5-6 Step left forward, step right beside left, step left back

## BACK ROCK, FORWARD ROCK, STEP, CROSS/STEP, $\frac{1}{4}$ TURN

1-2-3 Rock back on right, rock/step forward on left, step forward on right  
4-5-6 Cross/step left over right, step right back into  $\frac{1}{4}$  left, step forward on left

## FORWARD ROCK, BACK ROCK, STEP, SIDE/ROCK, RECOVER, STEP

1-2-3 Rock forward on right, rock back on left, step back on right  
4-5-6 Rock/step left to left, recover on right, step left behind right

## $\frac{1}{4}$ TURN, STEP, $\frac{1}{2}$ PIVOT, SIDE BEHIND, SIDE CROSS

1-2-3 Step right into  $\frac{1}{4}$  right, step left forward, pivot  $\frac{1}{2}$  right, (weight on right)  
4-5&6 Step left to left, step right behind left, step left to left, cross/step right over left

## SIDE BEHIND, SIDE CROSS, SIDE ROCK, CROSS

1-2&3 Step left to left, step right behind left, step left to left, cross/step right over left  
4-5-6 Rock/step left to left, recover on right, cross step left over right, (moving forward)

## SIDE ROCK CROSS, BACK SIDE CROSS

1-2-3 Rock/step right to right, recover on left, cross step right over left, (moving forward)  
4-5-6 Step left back into  $\frac{1}{4}$  right, step right to right side turning  $\frac{1}{4}$  right, cross step left over right

## BACK SIDE FORWARD, BACK BACK FORWARD

1-2-3 Step right back, into  $\frac{1}{4}$  left, step left to left side turning  $\frac{1}{4}$  left, step right forward  
4-5-6 Rock back onto left, step back onto right, rock forward onto left

## FORWARD $\frac{1}{2}$ PIVOT, STEP, FORWARD $\frac{1}{4}$ PIVOT STEP

1-2-3 Step right forward, pivot  $\frac{1}{2}$  left, step right forward  
4-5-6 Step left forward, pivot  $\frac{1}{4}$  right, step left forward

REPEAT