

Slave To The Habit

Count: 48

Wall: 2

Level: Improver

Choreographer: Jan Pratt (USA)

Music: Slave to the Habit - Shane Minor



FORWARD STRUTS, STOMPS, HEEL FANS

- 1-2 Cross-step right over left; touch left toe to left side
- 3-4 Cross-step left over right; touch right toe to right side
- 5-6 Stomp right foot forward with heel angled in; stomp left foot forward with heel angled in
- 7&8 Swivel heels out-in-out

MORE FORWARD STRUTS, STOMPS, HEEL FANS

- 9-10 Cross-step right over left; touch left toe to left side
- 11-12 Cross-step left over right; touch right toe to right side
- 13-14 Stomp right foot forward with heel angled in; stomp left foot forward with heel angled in
- 15&16 Swivel heels out-in-out

SIDE SHUFFLE, ROCK STEP, LONG STEP WITH DRAG, SWIVELS

- 17&18 Step right to right side; step left together; step right to right side
- 19-20 Step left foot back; rock forward onto right foot
- 21-22 Step left foot a long step to left side; drag right to meet left
- 23&24 With weight on balls of both feet, swivel heels left, right, left

MONTEREY TURN WITH SYNCOPATED TOUCHES, HITCH, PIVOT TURNS

- 25-26 Touch right foot to right side; spin $\frac{1}{2}$ turn right switching weight to right
- 27&28 Touch left foot to left side twice; hitch left knee
- 29-30 Step left foot forward; pivot $\frac{1}{2}$ turn right onto right foot
- 31-32 Step left foot forward; pivot $\frac{1}{2}$ turn right onto right foot

LEFT VINE WITH TURNS, RIGHT VINE WITH TURNS LEFT VINE

- 33-34 Step left foot to left side; cross-step right behind left
- 35 Turning $\frac{1}{4}$ left, step left foot to left side
- 36-37 Step right forward; pivot $\frac{1}{2}$ turn left onto left foot
- 38-39 Pivoting $\frac{1}{4}$ left, step right forward; cross-step left behind right
- 40 Turning $\frac{1}{4}$ right, step right foot to right side

LEFT VINE, STOMPS, HEEL FANS

- 41-42 Step left foot forward; pivot $\frac{1}{2}$ turn right onto right foot
- 43-44 Step left foot forward; pivot $\frac{1}{4}$ turn right onto right foot
- 45-46 Stomp left foot in front of right with heel angled in; stomp right foot in front with heel angled in
- 47&48 Swivel heels out, in, out

REPEAT
