

# Shut Up!

Count: 32

Wall: 2

Level: Improver

Choreographer: A1C (WLS)

Music: Shut Up... And Forget About It - Dane Bowers



## KICK & STEP, & ¼ LEFT, COASTER, ROCK

- 1&2 Right kick forward, right step together, left step forward  
**(1) right shoulder up, (&) left shoulder up, (2) head look down to left side**  
&3-4 Left foot step together, right step forward, pivot a ¼ turn left  
5&6 Right coaster step  
7-8 Left step forward bumping hips forward, rock weight back onto right foot

## WEAVE, STEP, KICK ½, WEAVE

- 9&10 Left cross behind right, right step side, left crossover right  
11 Right step forward,  
& Left foot kick forward  
12 Pivot a ½ turn left and kick left forward  
13&14& Left cross behind right, right step side, left cross over right, right step side  
15&16 Left cross behind right, right step side, left step forward

## &, STEP, PIVOT TWICE, CHUGS, CROSS, UNWIND

- &17-18 Left step together, right step forward, pivot a ¼ turn left  
19-20 Right step forward, pivot a ½ turn left  
21-22 Two right chugs to make a ½ turn left  
23-24 Right cross over left, unwind a ½ turn left

## QUICK MAMBOS, HEEL

- 25&26 Right step forward, rock weight onto left, right step together  
&27& Left step back, rock weight onto right, left step together  
28 Right heel touch forward

- &29 Right foot step together, left foot step forward  
30 Hold  
31-32 Sweep right foot around to make a 1 and ¼ turn left

## Alternate ending

- &29 Right foot step together, left kick forward  
30 Left cross over right  
31-32 Unwind a ¾ turn right

## REPEAT

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