

She Is (The Queen Of My Heart)

COPPER KNOB
BY STEPHEN METZ

Count: 24

Wall: 4

Level: Improver

Choreographer: Jean Jones (UK)

Music: Queen of My Heart - Westlife



This dance is dedicated to Connor Friend, aged 6, who tragically died in his sleep earlier this year and whose last words to his mum were "I love you mummy" before he finally fell asleep for the last time as both name of the dance and song suggest for Connor SHE IS (The Queen Of My Heart)

CROSS SIDE TOGETHER, CROSS ½ TURN TOGETHER

1-2-3 Cross left over right, step right to right side, step together left

4-5-6 Cross right over left, step left to left side making ½ turn right, step together right

STEP FORWARD SLIDE, STEP BACK ½ TURN STEP FORWARD

7-8-9 Step forward left, slide right up to left

10-11-12 Step back right, step left ½ turn left, step forward right

STEP FORWARD ¼ TURN POINT HOLD, STEP BACK ½ TURN POINT HOLD

13-14-15 Step left ¼ turn left, point right side, hold (hands cross hand and hold up to left shoulder, 2, 3)

16-17-18 Step right ½ turn right, point left side, hold (hands take hand out to sides at hip height, 2, 3)

FULL TURN ROCK, ROCK, TOGETHER

19-20-21 Make full turn left stepping on left, right, left (hands as you make the full turn go up onto the balls of your feet rising hands up to head height)

22-23-24 Rock right side, in on left, step together right

REPEAT

Dance will end on counts 13,14,15 with hands crossed over left shoulder