She Dances A Lot



Count: 32 Wall: 0 Level:

Choreographer: Lynne Flanders (USA)

Music: She Dances a Lot - Lenny Paquette



FORWARD HIPS

1-2 Step right forward bumping hips right twice3-4 Step left forward bumping hips left twice

OUT, OUT, CLAP, IN, IN, CLAP

& Step right foot to right/outStep left foot to left/out

6 Clap

& Step right foot to left/in

7 Step left foot to right/in/together

8 Clap

STRUTS BACK WITH SNAPS

9 Step back on right toe (look right)

10 Right heel down & snap fingers at right shoulder

11 Step back left on toes (look left)

12 Heel left down & snap fingers at left shoulder

OUT, OUT, CLAP, IN, IN, CLAP

& Step right foot to right/outStep left foot to left/out

14 Clap

& Step right foot to left/inStep left foot to right/in

16 Clap

KICK, KICK, COASTER STEP

17-18 Kick/pump right forward twice
19 Step back on ball of right foot
& Step back on ball of left foot
20 Step right foot forward

KICK, KICK, COASTER STEP

21-22 Kick/pump left foot forward twice
23 Step back on ball of left foot
& Step back on ball of right foot

24 Step left foot forward

VINE (OR ROLL) RIGHT, STOMP

Step right foot to right (or start full roll right)
 Cross step left foot behind (or continue roll right)

Step right foot to right (or finish roll)Stomp left foot beside (no weight)

VINE (OR ROLL) 1/4 TURN LEFT, STOMP

29 Step left foot to left

30 Cross step right foot behind
31 Step left turning ¼ left
32 Stomp right beside (no weight)

REPEAT