

# She Bangs

**COPPER KNOB**  
STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Laurel Ingram (UK)

Music: She Bangs - Ricky Martin



## **SIDE STEP CHASSE RIGHT ½ TURN PIVOT RIGHT ¼ TURN PIVOT RIGHT**

- 1-2 Step right foot to right side, step left foot beside right  
3&4 Step right to right side, step left together, step right  
5-6 Step forward left pivot ½ turn right  
7-8 Step forward left pivot ¼ turn right

## **SIDE STEP CHASSE LEFT ½ TURN PIVOT LEFT ¼ TURN PIVOT LEFT**

- 9-10 Step left to left side, step right foot beside left  
11&12 Step left to left side, step right together, step left  
13-14 Step forward right pivot ½ turn left  
15-16 Step forward right pivot ¼ turn left

## **WALKS FORWARD & BACK**

- 17-18 Step right foot forward, step left foot beside right. (circling hips to the right)  
19-20 Step right foot forward, step left foot beside right. (circling hips to the right)  
21-24 Walk back right left, right, left (shimmying shoulders)

## **CROSS ROCK & ¾ TRIPLE TURN, FORWARD WALKS**

- 25-26 Cross right foot over left, recover back left  
27&28 Triple step (right-left-right) ¾ turn over right shoulder  
29-32 Step forward left, right, left, touch right foot beside left (shimmying shoulders)

## **RIGHT & LEFT SAILOR STEP, 2 ¼ PIVOT TURNS**

- 33&34 Cross right foot behind left, rock left to left side, step right to right side  
35&36 Cross left foot behind right, rock right to right side, step left to left side  
37-38 Step right foot forward ¼ pivot turn left, (circling hips to the left)  
39-40 Step right foot forward ¼ pivot turn left (circling hips to the left)

## **RIGHT & LEFT SAILOR STEP, 2 ¼ PIVOT TURNS**

- 41&42 Cross right foot behind left, rock left to left side, step right to right side  
43&44 Cross left foot behind right, rock right to right side, step left to left side  
45-46 Step right foot behind left ¼ pivot turn right (circling hips to the right)  
47-48 Step right foot behind left ¼ pivot turn right (circling hips to the right)

## **FORWARD MOVING ROCK CROSS STEPS ROCK FORWARD & BACK**

- 49&50 Rock right to right side, rock weight onto left in place, step right forward across left  
51&52 Rock left to left side, rock weight onto right in place. Step left forward across right  
53&54 Rock forward right rock back onto left, step right beside left  
55&56 Step left back rock forward onto right, step left beside right

## **BACK LOCK STEPS, STOMP, KICK & FULL TURN**

- 57&58 Step right back, lock left across right, step back right  
&59 Lock left across right, step back right  
&60 Lock left across right, step back right  
61 Stomp left foot beside right

62-64

Kick right foot to right side, cross right foot across left with a full turn over left shoulder weight ending on left foot)

**REPEAT**

---