

# She Bangs

**COPPER** KNOB  
BY STEPHEN METZ

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Sho Botham (UK)

Music: She Bangs - Ricky Martin



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## SALSA HIP BUMPS, 3 WALKS AND KICK

- 1&2-3&4 Hip bumps right with lots of salsa style, hip bumps left  
5-6-7 Three walks traveling towards right, walking right-left-right  
8 Kick left forward facing  $\frac{1}{4}$  turn left

## CAMEL WALKS WITH OPTIONAL BODY BUMPS, STEP LEFT INTO OFF-BEAT CHA-CHA BASIC

- 9-12 Two camel walks forward (step left, tuck right under) with optional body bumps, shimmies or just lots of attitude - raise your arms, and have fun  
13 Step left to right  
14-15 Rock right forward across left, replace weight on left (end facing starting wall)  
16&17 Cha-cha-cha movement or shuffle (right-left-right) traveling and turning  $\frac{1}{4}$  to right

Counts 14-17 are an "off-beat" cha-cha basic

## PIVOT $\frac{1}{4}$ TURN, SHUFFLE RIGHT ACROSS FRONT OF LEFT, SIDE ROCK, REPLACE

- 18-19 Step left, right making  $\frac{1}{4}$  pivot turn to right  
20&21 Shuffle left-right-left across front of left traveling to right  
22-23 Side rock right to right, replace weight on left (let hips go with the flow of movement)

## SAILOR SHUFFLES AND HITCH WITH CLAP

- 24&25-26&27 Two sailor shuffles with lots of hip action right-left-right, left-right-left  
28&29-30&31 Two sailor shuffles with lots of hip action right-left-right, left-right-left  
32 Hitch right, right foot beside left knee, (let hips go left if comfortable for you) and clap hands

**REPEAT**

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