

# Seven Year Ache (L/P)

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner line/partner dance

**Choreographer:** Chris Peel (UK)

**Music:** Seven Year Ache - Trisha Yearwood



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## **WEAVE LEFT, STOMP INTO RIGHT TOE FAN, STEP TOGETHER**

- 1-2 (Moving left) step right across left, side step left
- 3-4 Step right behind left, step left beside right
- 5-6 Stomp right forward, (keeping weight on heel) swivel to right
- 7-8 Swivel right heel to center taking weight, step left beside right

## **PENDULUM ROCKS FORWARD AND BACK, CROSS STEPS WITH POINTS**

- 9-10 Rock right forward, rock weight back onto left
- 11-12 Rock right back, rock weight forward onto left
- 13-14 Step right across left, point left toe to side
- 15-16 Step left across right, point right toe to side

## **JAZZ BOX WITH ¼ TURN RIGHT**

- 17-18 Step right across left, step left back
- 19-20 Step ¼ turn right, step left beside right

## **TOE TOUCHES, KICK-BALL, TOUCH (LEADING RIGHT, THEN LEFT)**

- 21-22 Touch right toe to side, touch right toe beside left
- 23&24 Kick right forward - step right beside left, touch left in place
- 25-26 Touch left toe to side, touch left toe beside right
- 27&28 Kick left forward - step left beside right, touch right in place

## **SHUFFLES FORWARD**

- 29&30 Step right forward - step left beside right, step right forward
- 31&32 Step left forward - step right beside left, step left forward

## **REPEAT**

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