

# Scottish Cowboy

Count: 46

Wall: 0

Level:

Choreographer: John Pannell (AUS)

Music: Rhythm of My Heart - Rod Stewart



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- |       |  |
|-------|--|
| 1&2   | Step left behind right, step right together, step left to side                         |
| 3&4   | Step right behind left, step left together, step right to side                         |
| 5&6   | Step left behind right, step right together, step left to side                         |
| 7&8   | Step right behind left, step left together, step right to side                         |
|       |  |
| 9&10  | Shuffle forward left-right-left  |
| 11-12 | Rock forward on right, rock back on left   |
| 13&14 | Shuffle back right-left-right  |
| 15-16 | Rock back on left, rock forward on right   |
|       |  |
| 17&18 | Shuffle to right commencing with left foot stepping across in front (left-right-left)  |
| 19-20 | Turning full turn right step right-left  |
| 21-24 | Step right to side with hip bump right, then hip bumps left-right-left                 |
| 25&26 | Shuffle to left commencing with right foot stepping across in front (right-left-right) |
| 27&28 | Turn ¼ turn left while shuffling forward left-right-left                               |
| 29-34 | (Sugar foot) traveling right-toe, heel, toe, heel, toe, stomp                          |
| 35-38 | Vine left: left-right-left-stomp right   |
| 39-40 | Step forward on right while turning ½ turn left, step left together                    |
| 41&42 | Shuffle to left commencing with right foot stepping across in front (right-left-right) |
| 43-46 | Step left to side with hip bump left, then hip bumps right-left-right                  |

**REPEAT**

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