

# Ruzgar's Old Danish

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Hanne Ekknud Pedersen (DK)

Music: Floor Filler - A\*Teens



## 3 X TOUCH TOE, TURN, 3 X TOE TOUCH, TURN

- 1-2 Touch right toe to right side, touch right toe next to left foot  
3-4 Touch right toe back, turn ½ turn ending with weight on right foot  
5-6 Touch left toe to left side, touch left toe next to right foot  
7-8 Touch left toe back, turn ½ turn ending with weight on left foot

## 2 X STEP, 2 X THROW HEAD TO SIDE, CROSS TURN, 2 X TOUCH, STEP

- 9-10 Step forward on right foot, step forward on left foot  
11-12 While facing front, tilt head to left, and throw to left side two times  
13-14 Cross right foot over left foot, and turn ½ turn (weight on right foot)  
15&16 Touch left toe to left side, touch left toe next to right foot, step left foot to left side

## 2 X SLIDE SIDE, 4 X QUICK BODY ROLL

- 17-18 Step to right side with right foot, and touch left foot next to right  
19-20 Step to left side with left foot, and touch right foot next to left  
21&22 Roll body down from top, roll body up from bottom (weight on right foot)  
23&24 Roll body down from top, roll body up from bottom (weight on right foot)

## STEP TURN, 2 X THROW HEAD TO SIDE, 2 X TOUCH, KNEE BEND, ¼ TURN

- 25-26 Step right foot in front and turn ½ turn (weight on left foot)  
27-28 While facing front, tilt head to left, and throw to left side two times  
29-30 Touch right toe in front, touch right to right side  
31-32 Bend down in your knees, turn ¼ turn and straighten up (weight on left foot)

## 2 X BACK STEP SLIDE, 4 X QUICK BODY ROLL

- 33-34 Step back on right foot, slide left foot next to right foot  
35-36 Step back on right foot, slide left foot next to right foot  
37-38 Roll body down from top, roll body up from bottom (weight on right foot)  
39-40 Roll body down from top, roll body up from bottom (weight on right foot)

## 3 X TOUCH, TURN, KICK, STEP, HEAD NOD

- 41-42 Touch left toe to left side, touch right toe to right side  
43-44 Touch left toe to left side, turn ¼ turn (weight on right foot)  
45-46 Kick left foot in front, step down on left foot with weight  
47-48 Nod head down, and look straight ahead again

## 2 X STEP, KNEE BEND, TOUCH, FULL TURN, 2 X TOUCH

- 49-50 Step forward on right foot, step forward on left foot  
51-52 Bend down in your knees and straighten up again (weight on left foot)  
53-54 Touch right toe to right side (prep for full turn), turn full turn (weight on right foot)  
55-56 Touch left toe to left side, touch left toe next to right foot

## STEP, TOUCH, KICKBALL STEP, STEP TURN, KICKBALL CHANGE

- 57-58 Step back on left foot, touch right toe forward (weight on left foot)  
59&60 Kick right foot in front, put weight on right foot, step forward on left foot  
61-62 Step forward on right foot, turn ½ turn ending with weight on left foot

63-64

Kick right foot in front, put weight on right foot, step down on left foot

**REPEAT**

**At a time, the music goes a bit down in level, but the beat is still the same, so just continue where you are in the dance**

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