

# Runnin' Wild

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Judy McDonald (CAN)

Music: Runnin' Wild - Johnny Reid



## **RIGHT TRIPLE, LEFT TRIPLE, RIGHT ROCK BACK, LEFT STEP (LADIES' EAST COAST BASIC)**

- 1&2 Step right to side, step left beside right, step right in place  
3&4 Step left to left, step right beside left, step left in place  
5-6 Step right back, step left in place

## **RIGHT TOUCH, RIGHT STEP, LEFT TRIPLE, RIGHT ROCK BACK, LEFT STEP**

- 7-8 Touch right beside left, step right beside left  
1&2 Step left to side, step right beside left, step left in place  
3-4 Step right back, step left in place

## **RIGHT KICK BALL CHANGE TWICE**

- 5&6 Kick right forward, step right back, step left in place  
7&8 Kick right forward, step right back, step left in place

## **RIGHT SIDE SHUFFLE, LEFT STEP FORWARD, RIGHT TOE TOUCH**

- 1&2 Step right to side, step left beside right, step right to side  
3-4 Step left forward, touch right toe behind left

## **RIGHT STEP BACK, LEFT KICK FORWARD, LEFT TRIPLE**

- 5-6 Step right back, kick left forward  
7&8 Step left back, step right beside left, step left in place

## **RIGHT HEEL GRINDS MOVING LEFT TWICE**

- 1-2 Step right heel across in front of left with toe pointing left, step left to side while twisting on right heel so toe points right  
3-4 Step right heel across in front of left with toe pointing left, step left to side while twisting on right heel so toe points right

## **BOX STEP MAKING ¼ TURN RIGHT**

- 5-8 Step right across in front of left, step left back, step right to side making ¼ turn right, step left forward

## **RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, RIGHT STEP**

- 1&2 Step right forward, step left beside right, step right forward  
3-4 Step left forward, step right in place

## **LEFT SHUFFLE BACK, RIGHT ROCK BACK, LEFT STEP**

- 5&6 Step left back, step right beside left, step left back  
7-8 Step right back, step left in place

## **RIGHT SIDE SHUFFLE, LEFT CROSS SHUFFLE**

- 1&2 Step right to side, step left beside right, step right to side  
3&4 Step left across in front of right, step right to side, step left across in front of right

## **WEAVE MOVING LEFT (RIGHT CROSS BEHIND LEAD)**

- 5-8 Step right in place behind left, step left to side, step right across in front of left, step left to side

**RIGHT KICK BALL CHANGE, RIGHT STEP FORWARD, LEFT TOUCH**

1&2 Kick right forward, step right back, step left in place

3-4 Step right forward, touch left beside right

**LEFT KICK BALL CHANGE, LEFT STEP FORWARD, RIGHT TOUCH**

5&6 Kick left forward, step left back, step right in place

7-8 Step left forward, touch right beside left

**RIGHT KICK, RIGHT STEP BACK, LEFT KICK, LEFT SLOW COASTER, RIGHT HEEL BOUNCE TWICE**

1-4 Kick right forward, step right back, kick left forward, step left back

5-8 Step right beside left, step left forward, step right forward and bounce heel, bounce right heel

**REPEAT**

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