

# Rolly Poly

Count: 32

Wall: 0

Level:

Choreographer: David Camm (AUS)

Music: Roly Poly - The Chicks



- 1&2& Jump both feet out, jump both feet together, jump both feet back, slap both hands on thighs  
3&4& Step forward on right, scuff left, step forward on left, scuff right  
5&6& Cross right over left, step left to left side, rock back to right, cross left over right  
7&8 Step right to right side, rock weight to left, cross right over left
- 9-10 Touch left toe to left side (don't take weight), pop right knee (take weight on left)  
11&12 Pop left knee (take weight on right), pop right knee (take weight on left), pop left knee (take weight on right)  
13&14 Take weight on left as you twist left heel out & step right to right side, step ball of left foot beside right, twist left heel out as you step right to right side  
&15-16 Step ball of left foot beside right, twist left heel out as you step right to right side, step left beside right
- 17&18& Step left to left side, step right behind left, step left turning  $\frac{1}{4}$  turn left, tap right toe beside left  
19&20& Step right to right side, step left behind right, step right to right side, tap left beside right  
21&22& Step left to left side, step right behind left, step left turning  $\frac{1}{4}$  turn left, hitch right leg turning  $\frac{1}{4}$  turn left  
23&24& Step right to right side, hitch left leg and turn  $\frac{1}{4}$  turn left, turn  $\frac{1}{2}$  turn left stepping forward on left, scuff right
- 25&26& Rock forward on right, rock back on left, turn  $\frac{1}{2}$  turn right stepping onto right, hitch left leg turning  $\frac{1}{4}$  turn right  
27&28& Step left to left side, hitch right leg while turn  $\frac{1}{4}$  turn right, turn  $\frac{1}{2}$  turn right stepping onto right, scuff left foot forward  
29&30& Rock forward on left, rock back on right, turn  $\frac{1}{2}$  turn left stepping on to left, hitch right turning  $\frac{1}{4}$  turn left.  
31&32& Step right to right side, hitch left leg turning  $\frac{1}{4}$  turn left, turn  $\frac{1}{2}$  turn left stepping on to left, step right next to left.

**REPEAT**