

# Rock Me

Count: 32

Wall: 4

Level: Improver

Choreographer: Chris Cleevely (UK)

Music: Rock Your Baby - George McCrae



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## HEEL BALL STEP; HEEL BALL STEP; STEP ½ TURN RIGHT; HEEL BALL STEP

- 1&2 Present left heel forward, weight on ball of left, step forward on right
- 3&4 Present left heel forward, weight on ball of left, step forward on right
- 5-6 Step forward on left, pivot ½ turn right (weight on right)
- 7&8 Present left heel forward, weight on ball of left, step forward on right

## ROCK, RECOVER ¾ TURN OVER LEFT SHOULDER; FORWARD RIGHT SHUFFLE; STEP ½ TURN RIGHT

- 9-10 Rock forward on left, recover weight on right
- 11&12 Make a ¾ turn over left shoulder, stepping left/right/left
- 13&14 Shuffle forward right, stepping right/left/right
- 15-16 Step forward on left pivot ½ turn right (weight on right)

## BUMP HIPS LEFT, BUMP HIPS RIGHT; BUMP HIPS ¼ TURN LEFT, BUMP HIPS RIGHT; BUMP HIPS LEFT, BUMP HIPS RIGHT; BUMP HIPS ¼ TURN LEFT, BUMP HIPS RIGHT

- 17&18 Bump hips to the left, bump hips to the right
- 19&20 Making ¼ turn right, bump hips to the left, bump hips to the right
- 21&22 Bump hips to the left, bump hips to the right
- 23&24 Making ¼ turn right, bump hips to the left, bump hips to the right (weight on right)

## ROCKING CHAIR ON LEFT; LEFT HEEL & CROSS; AND RIGHT HEEL & TOUCH

- 25-26 Rock forward on left, recover weight on right
- 27-28 Rock back on left, recover weight on right
- 29&30 Present left heel forward, take weight on left & cross right over left
- &31&32 Take weight on left & present right heel forward, take weight on right, touch left by right

**REPEAT**

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