

# Rock-N-Romp

**COPPER KNOB**  
STEPPERS

**Count:** 32

**Wall:** 4

**Level:**

**Choreographer:** Cindy Truelove (AUS)

**Music:** Help Me, Rhonda - The Beach Boys & T. Graham Brown



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- 1-2 Step right forward, scuff left beside right  
3-4 Step left forward, scuff right beside left  
5-6 Step right forward, scuff left beside right  
7-8 Cross left over right, unwind  $\frac{1}{2}$  turn right(end weight on left)
- 9&10 Shuffle forward stepping right-left-right  
11-12 Step left forward, pivot turn  $\frac{1}{2}$  right (end weight on right)  
13&14 Shuffle forward stepping left-right-left  
15-16 Rock forward on right, rock back on left in place
- 17-18 Touch right toe slightly back, drop/step right heel to floor & snap fingers (both hands)  
19-20 Touch left toe in place, drop/step left heel to floor & snap fingers (both hands)
- 21-22 Stomp right slightly forward leaving weight on left, hold & clap hands  
&23-24 Quickly step back on right, step left beside right, step right forward
- 25-26 Step left forward, turn  $\frac{1}{4}$  left and step right beside left  
27-28 Raise both heels and drop them to floor twice (ending with weight on right)
- 29-32 Step left forward at 45 degrees and bump hips four times forward

**REPEAT**

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