

# Rio Grande

Count: 80

Wall: 4

Level:

Choreographer: Holly Ruschman (USA)

Music: Limbo Lady - The Dean Brothers



## FORWARD ROCK & ROLL BALL CHANGES

- 1&2 Rock forward left-right-left, bend left elbow with right hand to left elbow
- 3&4 Rock forward right-left-right, bend right elbow with left hand to right elbow
- 5-8 Sway forward walking left-right-left-right, rolling arms forward left-right-left-right like patty cake
- 9&10 Rock backward left-right-left, bend elbow with right hand to left elbow
- 11&12 Rock backward right-left-right, bend right elbow with left hand to right elbow
- 13-16 Sway back walking left-right-left-right, rolling arms back left-right-left-right like patty cake

## SMOOTH LEFT MONTEREY TURNS

- 17 Point left toe and arm to left side
- 18 Push off and turn ½ to the left
- 19 Point right foot and arm to right side
- 20 Return to center
- 21-24 Repeat 17-20

## CALYPSO WALK WITH ½ TURN LEFT

- 25-28 Walk forward left-right-left & turn ½ left, kicking right foot behind with head looking over right shoulder
- 29-32 Walk forward right-left-right & turn ½ left, kicking left foot behind with head looking over left shoulder

## LIMBO SIDE STEP & TURN CHA-CHAS

- 33 Step left foot and arm to left side (palm up), right hand to midriff (palm in)
- 34 Step on right starting a full turn to right
- 35&36 On left-right-left, complete full turn to right
- 37 Step right foot and arm to right side, (palm up), left hand to midriff (palm in)
- 38 Step on left starting a full turn to the left
- 39&40 On right-left-right, complete full turn to left

## V STEPS FORWARD & BACK & SWAYS

- 41 Step forward on left foot at 45 angle
- 42 Step forward on right foot at 45 angle
- 43 Step back left
- 44 Step back right
- 45-48 Sway hips left-right-left-right

## LIMBO HOPS

- 49-52 Hop forward 4 times on both feet, bend upper body back with arms out to sides (palms up)
- 53-56 Walk back right-left-right-left with upper body still bent back & arms at side (palms up)

## CONGO VINE & STOMP & CLAPS

- 57 Cross right foot over left
- 58 Step left foot to left side
- 59 Step right behind left
- 60 Step left foot to left side
- 61 Stomp right foot forward as you turn ¼ turn to the left

62-64 Clap hands in front 3 times

**ROCK ½ TURN LEFT & CHA-CHAS**

65 Rock forward on left foot  
66 Step back on right to begin ½ turn to the left  
67&68 Complete ½ turn on left-right-left

**CROSS STEPS 45 DEGREE LEFT**

69 Cross right over left  
& Step left foot to left  
70 Cross right over left  
& Step left foot to left  
71 Cross right over left  
& Step left foot to left  
72 Cross right over left

**ROCK ½ TURN LEFT & CHA-CHAS**

73 Rock forward on left foot  
74 Step back on right to begin ½ turn to the left  
75&76 Complete ½ turn on left-right-left

**CROSS STEPS 45 DEGREE LEFT**

77 Cross right over left  
& Step left foot to left  
78 Cross right over left  
& Step left foot to left  
79 Cross right over left  
& Step left foot to left  
80 Cross right over left

**REPEAT**

Dance begins ¼ left of first wall. During the traveling cross steps, travel at a 45 degree angle to the left.

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