

# Rhythm Of My Heart

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Joseph Yip (SG)

**Music:** Rhythm of My Heart - Rod Stewart



Dedicated to the committee of the Country Line Dance Association of Singapore for their continuous effort in the promotion of line dancing in Singapore!

## **GRIND, STEP, COASTER STEP, TWICE**

- 1-2 Step and grind right heel forward with toes from in to out, step back on left
- 3&4 Step right foot back, step left foot together, step right foot forward
- 5-6 Step and grind left heel forward with toes from in to out, step back on right
- 7&8 Step left foot back, step right foot together, step left foot forward

## **FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN RIGHT SHUFFLE**

- 1&2 Right over left, left to left, right to right
- 3&4 Left over right, right to right, left to left
- 5-6-7&8 Right forward, recover on left, ½ turn right shuffle right, left, right

## **FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN LEFT SHUFFLE**

- 1-8 Repeat above steps with other foot

## **FORWARD, ¼ TURN X 3, ROCK, STEP & ROCK, STEP &**

- 1-2 Right forward, ¼ turn right stepping left back
- 3-4 ¼ turn right on right, ¼ turn right on left
- 5-6& Right forward, recover on left, right next to left
- 7-8& Left forward, recover on right, left next to right

## **REPEAT**

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