

# Renate's Dance

Count: 48

Wall: 4

Level: Beginner west coast swing

Choreographer: Monica Wilson (USA)

Music: Footprints On the Ceiling - Barbara Carr



## RIGHT VINE, HIP BUMPS

- 1-2 Step right to right, step left behind right
- 3-4 Step right to right, touch left next to right
- 5-8 Bump hips left, right, left, right

## LEFT VINE, HIP BUMPS

- 1-2 Step left to left, step right behind left
- 3-4 Step left to left, touch right next to left
- 5-8 Bump hips right, left, right, left

## STEP TOUCH, STEP TOUCH, SHIMMY

- 1-2 Step right foot forward and slightly angled to the right, touch left next to right
- 3-4 Step left foot forward and slightly angled to the left, touch right next to left
- 5-8 Step back right, left, right, touch left next to right

While stepping back, shimmy shoulders

## STEP TOUCH, STEP TOUCH, SHIMMY

- 1-2 Step left foot forward and slightly angled to the left, touch right next to left
- 3-4 Step right foot forward and slightly angled to the right, touch left next to right
- 5-8 Step back left, right, left touch right next to left

While stepping back, shimmy shoulders

## STEP HITCH, STEP BUMP, REPEAT

- 1-2 Step right foot to right side, hitch left knee across right leg
- 3-4 Step left foot to left side, bump left hip out by shifting weight onto left hip
- 5-8 Repeat the above

## JAZZ BOX, JAZZ BOX WITH A ¼ TURN RIGHT

- 1-2 Step right foot across left, step left foot back
- 3-4 Step right foot to right side, step left foot beside right
- 5-6 Step right foot across left, step left foot back
- 7-8 Step right foot making a ¼ turn to right, step left beside right

REPEAT

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