

Reel Prelude

COPPER **NOB**
BY STEPHEN METZ

Count: 48

Wall: 1

Level: Improver

Choreographer: Julie Boyd

Music: Cry of the Celts - Ronan Hardiman



This dance is choreographed to be done as a prelude to the Electric Reel dance, when done to track #1 of the Lord of the Dance CD. Track #1 consists of 1 minute intro, 1 minute flute interlude, and the remainder is what the Electric Reel dance is done to. Reel Prelude starts at exactly the 1:00 minute mark, which is when the flute begins, and continues until the electric reel dance music starts. We enjoy this as an alternative to the track #16 music due to the fact that track #16 gives the dancers very little time to get on the floor. The dance goes quite well with the flute interlude.

Beats 45-48 are only for the 3rd (last) repetition of the dance. The first two reps are only 44 beats long.

3 IRISH JIGS FORWARD, TOE TAPS

- & Cross left over right at knee level
- 1&2 Shuffle forward left-right-left
- & Cross right over left at knee level
- 3&4 Shuffle forward right-left-right
- & Cross left over right at knee level
- 5&6 Shuffle forward left-right-left
- & Cross right over left at knee level
- 7 Tap right foot in 10 o'clock direction (in front of left foot)
- 8 Tap right foot in 2 o'clock direction

3 IRISH JIGS BACKWARD, TOE TAPS

- & Cross right over left at knee level
- 9&10 Shuffle backward right-left-right
- & Cross left over right at knee level
- 11&12 Shuffle backward left-right-left
- & Cross right over left at knee level
- 13&14 Shuffle backward right-left-right
- & Cross left over right at knee level
- 15 Tap left foot in 10 o'clock direction (in front of right foot)
- 16 Tap left foot in 2 o'clock direction

SHUFFLE FORWARD, PUSH ½ TURN TO THE LEFT

- 17&18 Shuffle forward left-right-left
- 19 Step forward with right foot
- 20 Turn ½ turn to left, transferring weight to left foot

SHUFFLE FORWARD, PUSH ½ TURN TO THE RIGHT

- 21&22 Shuffle forward right-left-right
- 23 Step forward with left foot
- 24 Turn ½ turn to right, transferring weight to right foot

SIDE SHUFFLE TO LEFT, ROCK STEP

- 25&26 Side shuffle left-right-left
- 27 Rock back on right foot
- 28 Rock forward onto left foot

SIDE SHUFFLE TO RIGHT, 1/8 TURN ROCK STEP

- 29&30 Side shuffle right-left-right

31 Rock back on left foot, making a 1/8 turn to left

You should end up facing 10:30 o'clock

32 Rock forward onto right foot

FORWARD SHUFFLE, ¼ TURN, FORWARD SHUFFLE

33&34 Shuffle forward left-right-left in 10:30 direction

& Turn a ¼ turn to right on ball of left foot

You should now be facing 1:30 o'clock direction

35&36 Shuffle forward right-left-right in 1:30 direction

¼ TURN X 2

37 Step with left foot and turn a ¼ turn to left so that you face 10:30 again

38 Step with right foot and turn a ¼ turn to right so that you face 1:30 again

FORWARD SHUFFLE, ¼ TURN, FORWARD SHUFFLE

39&40 Shuffle forward left-right-left in 10:30 direction

& Turn a ¼ turn to right on ball of left foot

You should now be facing 1:30 o'clock direction

41&42 Shuffle forward right-left-right in 1:30 direction

STEP BACK

43 Step back on left foot

44 Step back on right foot

Only for 3rd (last) repetition of dance

45 Step back on left foot

46 Tap right foot beside left foot

47&48 Right leading kick-ball-change

REPEAT

You will have started the dance at the correct time and paced it correctly if, when the flute interlude ends and the drums speed up, you are at beat 33 of the dance (the start of the 10:30/1:30 shuffles). As soon as the right leading kick-ball-change (beats 47&48) is done, you start the Electric Reel dance.
