

# Ready-Steady

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Chris Hodgson (UK)

Music: I Get So Rattled - Jill Morris



## HEEL-BALL-CHANGE (TWICE), ROCK STEP/COASTER STEP (RIGHT AND LEFT)

- 1&2 Touch right heel forward, step right together, step left in place  
3&4 Repeat counts 1&2  
5-6 Rock right forward, recover onto left  
7&8 Step right back, step left together, step right forward  
9-16 Repeat counts 1-8 starting with left foot

## SHUFFLE FORWARD, ½ TURN RIGHT, SHUFFLE FORWARD, ½ TURN LEFT

- 17&18 Shuffle forward right, left, right  
19-20 Step left forward, turn ½ right (weight to right)  
21&22 Shuffle forward left, right, left  
23-24 Step right forward, turn ½ left (weight to left)

## SIDE TOUCHES AND CROSS STEPS (FORWARD AND BACK)

- 25-26 Touch right to side, cross right over left  
27-28 Touch left to side, cross/touch left over right  
29-30 Touch left to side, cross left behind right  
31-32 Touch right to side, cross/touch right behind left

Finger snaps can be added on counts 25-32

## SIDE ROCK, SYNCOPATED ROCK STEP, SYNCOPATED ½ TURN LEFT, STEP-STEP

- 33-34 Rock right to side, recover onto left  
&35-36 Step right in place, rock left to side, recover onto right  
&37-38 Step left together, step right forward, turn ½ left (weight to left)  
39-40 Step right forward, step left forward

## SYNCOPATED STEPS (FORWARD-BACK) AND CLAPS, STEP ½ TURN, STEP ¼ TURN

- &41 Small step right forward, small step left forward  
42 Clap  
&43 Small step right back, small step left back  
44 Clap  
45-46 Step right forward, turn ½ left (weight to left)  
47-48 Step right forward, turn ¼ left (weight to left)

**REPEAT**

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