

# Pure And Simple

Count: 56

Wall: 4

Level: Intermediate

Choreographer: David Sinfield (UK) & Andrene Steele (UK)

Music: Simply The Best - Tina Turner



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## SKATES RIGHT, SKATES LEFT, RIGHT SHUFFLE, SKATES LEFT, SKATES RIGHT, LEFT SHUFFLE

- 1-2 Skate forward right, skate forward left
- 3&4 Step right forward, close left beside right, step right forward
- 5-6 Skate forward left, skate forward right
- 7&8 Step left forward, close right beside left, step left forward

## ROCK FORWARD, SHUFFLE ½ RIGHT, ROCK STEP, COASTER

- 1-2 Rock forward right, replace weight on left
- 3&4 Shuffle ½ turn right, stepping right, left, right
- 5-6 Rock forward left, replace weight on right
- 7&8 Step back left, step right in place, step forward left

## SIDE, BEHIND, HEEL JACK, CROSS, SIDE, BEHIND, HEEL JACK, CROSS

- 1-2 Step right to right, cross left behind right
- 3&4& Step right to right, touch left heel forward, step left in place, cross right over left
- 5-8 Repeat steps leading with left

## ¼ TURN, STEP, COASTER STEP, WALKS LEFT & RIGHT, LEFT SHUFFLE

- 1-2 Step right into ¼ turn right, step left in place
- 3&4 Step right back, step left beside right, step left forward
- 5-6 Walk forward left, walk forward right
- 7&8 Step left forward, close right beside left, step left forward

## HEEL, TOE, RIGHT SHUFFLE, HEEL, TOE, LEFT SHUFFLE

- 1-2 Touch right heel forward, touch right toe back
- 3&4 Step forward right, close left beside right, step forward right
- 5-8 Repeat steps 1-4 leading with the left foot

## FULL TURN, CHASSE RIGHT, FULL TURN, CHASSE LEFT

- 1-2 Turn a ½ turn on right to right, turn a ½ turn on left to right
- 3&4 Step right to right, close left beside right, step right to right
- 5-6 Turn a ½ turn on left to left, turn a ½ on right to left
- 7&8 Step left to left, close right beside left, step left to left

## 2 X MONTEREY TURNS

- 1-2 Touch right to side, on the ball of right turn ½ turn right stepping left beside right
- 3-4 Touch left to side, bring left into right
- 5-8 Repeat steps 1-4

**REPEAT**

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