

# Pudsey's Palava

**Count:** 24

**Wall:** 4

**Level:** Beginner

**Choreographer:** Ted Bowring

**Music:** Mama - Spice Girls



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- 1&2 Right foot kick forward (small kick), right foot step in place while lifting left foot, left foot step down
- 3&4 Repeat steps 1&2
- &5-6 Forward on right, left step beside right, hold 1 beat & clap
- &7&8 Right foot step back, left foot step beside right, right foot step back, left foot step beside right
- &9-10 Right foot step to right side, left foot cross in front of right, hold 1 beat & clap
- &11-12 Left foot step to left side, right foot cross in front of left, hold 1 beat & clap
- 13& Right heel touch forward, right foot step beside left
- 14& Left heel touch forward, left foot step beside right
- 15-16 Right heel touch forward, hold 1 beat & clap
- 17-18 Right heel tap forward twice
- 19&20 Right foot step forward, left foot slide up to right, right foot step forward
- 21-22 Left toe tap back twice
- 23&24 Left foot step back, right foot slide up to left, left foot step back making  $\frac{1}{4}$  turn left

**REPEAT**

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