

# Practice Partner (P)

Count: 32

Wall: 0

Level: Partner

Choreographer: Tony Colbert (IRE)

Music: One Night At a Time - George Strait



**Position: Start back to back with the men facing into the center of the circle and the women looking outwards**

## CHA-CHA FORWARD, CHA-CHA BACK

- 1&2            **MAN:** Cha-cha forward towards center of circle left, right, left  
                  **LADY:** Cha-cha forward away from man. Right, left, right
- 3&4            **MAN:** Cha-cha back right, left, right  
                  **LADY:** Cha-cha back left, right, left

## STEP, KNEE CROSS, CHA-CHA WITH ½ TURN

- 5-6            **MAN:** Step on left, hitch right knee across left leg  
                  **LADY:** Step on right, hitch left knee across right leg
- 7&8            **MAN:** Cha-cha right, left, right taking ½ turn right  
                  **LADY:** Cha-cha left, right, left taking ½ turn left

**Both dancers are now facing one another. They should raise their hands above shoulder level and hold hands**

## STEP, POINT, STEP BACK, POINT

- 9-10           **MAN:** Step on left, point right toe forward  
                  **LADY:** Step on right, point left toe forward
- 11-12          **MAN:** Step back on right, point left toe back  
                  **LADY:** Step on left, point right toe back

**Man lets go of lady's left hand and raises her right hand to allow her pass under on next cha-cha**

## CHA-CHA WITH ½ TURN, STEP, TOUCH

- 13-14          **MAN:** Cha-cha left, right, left taking ½ turn right (letting lady pass under her own arm)  
                  **LADY:** Cha-cha right, left, right taking ½ turn left (passing under her own raised right arm)
- 15-16          **MAN:** Step right in place, touch left toe beside right foot  
                  **LADY:** Step left in place, touch right toe beside left foot
- 17-24          **BOTH:** Repeat steps 9-16

**On step 24 man raises lady's right hand and places his right hand on her waist and she places her left hand on his shoulder to enter a ballroom hold the next three cha-chas are executed while in the ballroom hold**

## CHA-CHA ALONG LINE OF DANCE, CHA-CHA WITH ½ TURN

- 25&26          **MAN:** Cha-cha left, right, left to left side  
                  **LADY:** Cha-cha right, left, right to right side
- 27&28          **MAN:** Cha-cha right, left, right turning ½ left  
                  **LADY:** Cha-cha left, right, left turning ½ right

## CHA-CHA WITH ½ TURN, STEP, TOUCH WITH ½ TURN

- 29&30          **MAN:** Cha-cha left, right, left turning ½ left  
                  **LADY:** Cha-cha right, left, right turning ½ right

**Let go both hands**

## ½ TURN, STEP TOUCH (ENDING UP BACK TO BACK)

- 31-32          **MAN:** ½ Turn right stepping to the side with right to face into the center of the circle, touch left beside right foot.  
                  **LADY:** ½ Turn left stepping to the side with left to face out from the circle, touch right beside left foot.

REPEAT

---