

# Polk Salad Annie

**COPPER**KNOB  
STEPPERS

Count: 60

Wall: 2

Level: contra dance

Choreographer: Eric Toth (USA)

Music: Polk Salad Annie - Tony Joe White



This dance works best with at least 4 rows. Row 1 and 2 facing each other, staggered and row 3 and 4 facing each other, staggered. There is a very interesting way that the lines cross.

## KICK, KICK, ROCK, RECOVER

- 1 Kick right foot forward
- 2 Kick right foot forward
- 3 Rock back on your right foot
- 4 Step forward on your left foot

## SHUFFLE, SHUFFLE, SHUFFLE

- 5&6 Shuffle forward right, left, right
- 7&8 Shuffle forward left, right, left
- 9&10 Shuffle forward right, left, right

## STEP, ¼ TURN, STEP, ¼ TURN

- 11 Step forward on the ball of your left foot
- 12 Pivot ¼ turn to your right (weight on the balls of both feet)
- 13 Step forward on the ball of your left foot
- 14 Pivot ¼ turn to your right (weight on the balls of both feet)

## ROCK, RECOVER, ROCK BACK, RECOVER

- 15 Rock forward on your left foot
- 16 Rock backwards on your right foot
- 17 Rock backwards on your left foot
- 18 Rock forward on your right foot

## STEP, PIVOT ½, STEP, PIVOT ½

- 19 Step forward on the ball of your left foot
- 20 Pivot ½ turn to your right (weight on balls of both feet)
- 21 Step forward on the ball of your left foot
- 22 Pivot ½ turn to your right (weight on balls of both feet)

## SHUFFLE, SHUFFLE, SHUFFLE

- 23&24 Shuffle forward left, right, left
- 25&26 Shuffle forward right, left, right
- 27&28 Shuffle forward left, right, left

## STEP, ¼ TURN, STEP, ¼ TURN

- 29 Step forward on the ball of your right foot
- 30 Pivot ¼ turn to your left (weight on the balls on both feet)
- 31 Step forward on the ball of your right foot
- 32 Pivot ¼ turn to your left (weight on the balls on both feet)

## CROSS, STEP, SLIDE, CROSS

- 33 Cross your right foot over in front of your left foot (take weight)
- 34 Step your left foot out slightly to your left
- 35 Slide your right foot up next to your left foot (take weight)

36 Cross your left foot over in front of your right foot (take weight)

### **GRAPEVINE RIGHT, TAP**

37 Step your right foot to the right  
38 Step your left foot behind your right  
39 Step your right foot to the right  
40 Tap your left toes next to your right foot

### **GRAPEVINE LEFT, PIVOT ½**

41 Step your left foot to the left  
42 Step your right foot behind your left  
43 Step your left foot to the left (weight on the ball of your left foot)  
44 Pivot ½ turn to your left (weight on the ball of your left foot, shift your weight to your right foot as you step down on it)

### **HIP BUMPS**

45 Bump your right hip to the right  
46 Bump your right hip to the right  
47 Bump your left hip to the left  
48 Bump your left hip to the left  
49 Bump your hips right  
50 Bump hips left  
51 Bump hips right  
52 Bump hips left

### **STEP, PIVOT ½, STEP, PIVOT ½**

53 Step forward on the ball of your right  
54 Pivot ½ turn to your left (weight on the balls of both feet)  
55 Step forward on the ball of your right  
56 Pivot ½ turn to your left (weight on the balls of both feet)

### **STOMP, STOMP, ROCK, RECOVER**

57 Stomp your right foot  
58 Stomp your right foot  
59 Rock back on your right foot  
60 Step forward on your left foot

### **REPEAT**

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