

# Poison

Count: 32

Wall: 4

Level: Intermediate/Advanced

Choreographer: A1C (WLS)

Music: Poison - Bardot



- 1 Right foot kick forward to the left diagonal  
&2 Right step together, left toe touch forward to the left diagonal  
3 Left foot kick forward to the right diagonal  
&4 Left step together, right hitch to face the front  
5-6 Right step forward, pivot a ½ turn left  
7-8 Right step forward, pivot a ½ turn left
- 9-12 Roll right knee up! Roll left knee up!  
**Rolling up: start from the heel and make a ripple to the waist**  
13-16 Right sailor step, left sailor step
- 17-18 Right foot cross behind left, unwind a ¾ turn right and flick left foot back  
19&20 Run forward left, right, left  
21-23 Step right foot to the side and sway hips right, left, right  
24 Left foot touch next to right
- 25&26 Left foot kick forward, left foot step back, right stomp over left  
27&28 Left foot kick forward, left foot step back, right stomp over left
- 29-30 Unwind a full turn left, point right toe to the side  
31&32 Swivel right heel in, out, in

## REPEAT

## TAG

**You only do this tag once which is at the end of the third repetition**

- 1& Right foot kick forward, right step together  
2 Left foot step forward  
& Right foot kick forward  
3 Right foot step over left  
& Left foot step back  
4 Right toe point to the side