

Parragon Shuffle

Count: 46

Wall: 0

Level:

Choreographer: Jean Miles (UK) & John Miles (UK)

Music: Unknown



Position: Side-By-Side (Sweetheart)

LEFT HEEL, TOUCH, HEEL, TOGETHER

- 1-2 Left heel touch forward, touch back in place
- 3-4 Left heel touch forward, step back in place

RIGHT HEEL, TOUCH, HEEL, TOUCH

- 5-6 Right heel touch forward, touch back in place
- 7-8 Right heel touch forward, touch back in place

RIGHT STEP AND PIVOT, STEP AND PIVOT

- 9-10 Step right forward (drop right hands) pivot ½ turn to left
- 11-12 Step right forward, pivot ½ turn to left (back into sweetheart)

RIGHT FORWARD, SLIDE, FORWARD AND SCUFF

- 13-14 Step right forward, slide left up to right foot
- 15-16 Step right forward, brush left forward

LEFT STEP AND PIVOT, LEFT STEP AND PIVOT

- 17-18 Step left forward, pivot ½ turn to right
- 19-20 Step left forward (drop left hands) pivot ½ turn to right (back into sweetheart)

LEFT FORWARD, SLIDE, FORWARD AND STOMP

- 21-22 Step left forward, slide right up to left
- 23-24 Step left forward, stomp right in place

SWIVEL HEELS RIGHT, CENTER, LEFT, CENTER (FEET TOGETHER)

- 25-26 Swivel heels to the right, swivel back to center
- 27-28 Swivel heels to the left, swivel back to center

RIGHT HALF HOOK AND GRAPEVINE

- 29-30 Right heel touch forward, hook right across left leg
- 31-32 Right step to side, left step behind right
- 33-34 Right step to side, left touch beside right

LEFT HALF HOOK AND GRAPEVINE

- 35-36 Left heel touch forward, hook left across right leg
- 37-38 Left step to side, right step behind left
- 39-40 Left step to side, right touch beside left

SHUFFLES

- 41-42 Right shuffle forward (right, left, right)
- 43-44 Left shuffle forward (left, right, left)
- 45-46 Right shuffle forward (right, left, right)

REPEAT

