

# Out Of My Mind

Count: 56

Wall: 4

Level: Intermediate

Choreographer: Craig Cooke (UK)

Music: Out of My Mind - Will Young



## TOUCH, TOUCH SAILOR STEP TWICE

- 1-2 Touch right foot to left diagonal, touch right-to-right side
- 3&4 Step right behind left, step left to left side, step right-to-right side
- 5-6 Touch left foot to right diagonal, touch left to left side
- 7&8 Step left behind right, step right-to-right side, step left to left side

## SHUFFLE FORWARD, ½ PIVOT, SHUFFLE FORWARD ¼ TURN

- 1&2 Step right foot forward, step left next to right, step right forward
- 3-4 Step forward onto left pivot ½ turn right
- 5&6 Step forward onto left, step right next to left, step forward onto left
- 7-8 Step forward onto right make ¼ turn left

## RIGHT KICK BALL CHANGE TWICE ROCKING CHAIR

- 1&2 Kick right foot forward, step right in place, step left in place
- 3&4 Repeat steps 1&2
- 5-6 Rock forward onto right foot, recover onto left
- 7-8 Rock back onto right foot recover onto left

## POINT RIGHT, LEFT, RIGHT, & CLAP, POINT LEFT, RIGHT, LEFT & CLAP

- 1& Point right to right side, bring right in place
- 2& Point left to left side, bring left in place
- 3&4 Point right to right side, clap hands together twice
- &5 Bring right foot in place, point left to left side
- &6 Step left in place, point right to right side
- &7 Step right in place, point left to left side
- &8 Clap hands together twice

On wall 2 after this section restart dance from beginning

## ROCKING CHAIR, 2X ½ TURNS

- 1-2 Rock forward onto left foot, recover onto right
- 3-4 Rock back onto left foot, recover onto right
- 5-6 Step forward onto left ½ pivot right
- 7-8 Step forward onto left ½ pivot right

## ROCK & COASTER STEP, HEEL SWITCHES & CLAP TWICE

- 1-2 Rock forward onto left foot recover onto right
- 3&4 Step back onto left, step right next to left, step forward on left
- & Place right heel forward
- 5 Bring right in place
- & Place left heel forward
- 6 Bring left in place
- & Place right heel forward
- 7 Bring right in place
- &8 Clap hands together twice

## HEEL SWITCHES, & CLAP TWICE, BACK ROCK RECOVER, STEP & TOUCH

- &1 Place left heel forward, bring left in place
- &2 Place right heel forward, bring right in place
- &3 Place left heel forward, bring left in place
- &4 Clap hands together twice
- 5-6 Rock back onto left foot, recover onto right
- 7-8 Step forward onto left foot & touch right in place next to left

**REPEAT**

**RESTART**

**On wall 2, after count 32**

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