

# Ooh La La

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Kathy Brown (USA) & Terri Alexander (USA)

Music: Ooh La La - Goldfrapp



## **HIP PUSH RIGHT, LEFT POINT, HIP PUSH LEFT, RIGHT POINT, ¼ RIGHT TURN, ½ RIGHT TURN, BACK ROCK, RETURN**

- 1-2 Step right to side pushing hip right, left leg extended
- 3-4 Push hip to left, right leg extended
- 5-6 Step right ¼ right, turn ½ right step left back
- 7-8 Rock back right, recover left

## **FORWARD TOUCH, SWEEP BACK, UNWIND ¾ RIGHT, KNEE POPS**

- 1-2 Touch right forward, sweep right back turning ¾ right
- 3-4 Step right down, pop left knee forward
- 5-6 Pop right knee forward, pop left knee forward
- 7-8 Pop right knee forward, hold (weight on left)

## **RIGHT CROSS UNWIND ½, ¼ LEFT, RIGHT HITCH ¼ TURN LEFT, LEFT SIDE POINT, HITCH -CROSS**

- 1-2 Cross right over left unwind ½ left (weight remains on right)
- 3-4 Step left ¼ left, hitch right turning ¼ left
- 5-6 Step right down, point left to side
- 7-8 Hitch left, step left over right (body 45 degrees right)

## **SHIFT WEIGHT BACK, HOLD, SHIFT WEIGHT FORWARD AND BACK, SHIFT WEIGHT FORWARD, STEP RIGHT TO SIDE, LEAN RIGHT POP SHOULDER UP, LEAN LEFT POP SHOULDER UP**

- 1-2 Shift weight to right (lift left heel), hold
- 3-4 Shift weight to left, right (lean forward, lean back)
- 5-6 Shift weight to left, hitch right
- 7-8 Step right to side (lean right, pop right shoulder up), shift weight to left (lean left, pop left shoulder up)

## **WALK FORWARD RIGHT, LEFT, RIGHT OUT, LEFT OUT, SWIVEL RIGHT HEEL LEFT, SWIVEL RIGHT TOE LEFT, SWIVEL LEFT TOE LEFT TURNING ¼ LEFT, HITCH RIGHT**

- 1-2 Step right forward, step left forward
- 3-4 Step right out to side, step left out to side
- 5-6 Swivel right heel to left, swivel right toe to left
- 7-8 Swivel left toe left turning ¼ left, hitch right

## **JAZZ ¼ TURN RIGHT, HIP PUSH RIGHT, POINT, HIP PUSH LEFT, POINT**

- 1-2 Cross right over left, step left back turning 1/8 right
- 3-4 Step right to side turning 1/8 right, step left next to right
- 5-6 Step right to side pushing hip right extend left
- 7-8 Step left to side pushing hip left, extend right

## **WALK TO CORNER, ½ LEFT PIVOT, WALK TO CORNER, FULL SPIRAL RIGHT**

- 1-2 Walk right, left (towards 7:30 - corner)
- 3-4 Step right forward, pivot ½ left (towards 1:30 - corner)
- 5-6 Walk right, left (towards 1:30 - corner)
- 7-8 Hooking right over left shin, spiral full turn stepping down on right (1:30)

**WALK TO CORNER, ½ PIVOT LEFT PIVOT, WALK TO CORNER, ¾ & SPIRAL RIGHT, WALK FORWARD RIGHT, LEFT**

- 1-2 Walk left, right (towards 1:30 -corner)
- 3-4 Pivot ½ left, step forward right
- 5-6 Step forward left, spiral turn hooking right over left (over-rotated ¾ turn)
- 7-8 Walk forward right, left

**REPEAT**

**TAG**

**End of 2nd rotation (front wall)**

- 1-2 Step right to side pushing hip right, left leg extended to left
- 3-4 Push hip to left, right leg extended to right
- 5-6 Step right ¼ right, step left turning ¼ right
- 7-8 Step right turning ¼ right, step left turning ¼ right

**Counts 5-8 walk around in a full turn to the right**

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