

# The Only One

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** William Sevone (UK)

**Music:** You're the Only One - Keith Urban



## **2X CROSS-SIDE-½ LEFT ROCK-RECOVER (12:00)**

- 1-2 Cross step left over right, step right to right side
- 3-4 Turn ½ left & rock left foot to left side, rock onto right foot
- 5-6 Cross step left over right, step right to right side
- 7-8 Turn ½ left & rock left foot to left side, recover onto right

## **CROSS ROCK, RECOVER, ½ LEFT FORWARD SHUFFLE, FORWARD, ½ LEFT ROCK BACKWARD, RECOVER, CROSS STEP (12:00)**

- 9-10 Cross rock left foot over right, rock onto right foot
- 11&12 Turn ½ left & shuffle forward left, right-left
- 13-14 Step forward onto right, turn ½ left & rock backward onto left foot
- 15-16 Rock onto right foot, cross step left over right

## **STEPS: 2X BACKWARD-SIDE-CROSS, STEP BACKWARD, ½ LEFT STEP FORWARD, (6:00)**

- 17-18 Step backward onto right, step left to left side (slightly backward)
- 19-20 Cross step right over left, step backward onto left
- 21-22 Step right to right side (slightly backward), cross step left over right
- 23-24 Step backward onto right, turn ½ left & step forward onto left

## **SIDE ROCK, RECOVER, 2X BACKWARD STEP-LOCKSTEP, ¼ RIGHT ROCK-ROCK-RECOVER (9:00)**

- 25-26 Rock right foot to right side, rock onto left foot
- 27&28 (Upper body turned right) backward: step lock-step right, left-right
- 29&30 (Upper body turned left) backward: step lock-step left, right-left
- 31&32 Turn ¼ right & rock right foot to right side, rock onto left foot, recover onto right foot

**REPEAT**

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