

# One Thing

Count: 32

Wall: 4

Level: Improver

Choreographer: Alan Birchall (UK)

Music: One Thing - Pat Green



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## KICK BALL STEP, SKATE TWICE, KICK BALL CHANGE, POINT ½ TURN, STEP

- 1&2 Kick right foot forward, step right by left, step forward on left
- 3-4 Skate right, skate left
- 5&6 Kick right foot forward, step right by left, step left by right
- 7-8 Point right to right, make ½ turn right stepping right by left (6:00)

## ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER, FULL TURN

- 9-10 Rock forward on left, recover on right
- 11&12 Shuffle backwards stepping left, right, left
- 13-14 Rock back on right, recover on left
- 15-16 Full turn making ½ turn left stepping back on right, make ½ turn left stepping forward on left (6:00) restart here during 5th wall (6:00)

Option: walk forward right, left

## CROSS, POINT TWICE, CROSS, BACK, SIDE, CROSS

- 17-18 Cross right over left, point left to left
- 19-20 Cross left over right, point right to right
- 21-22 Cross right over left, step back on left
- 23-24 Step right to right, step forward on left

## SIDE SHUFFLE, ROCK, RECOVER, ¼ SIDE SHUFFLE, ROCK, RECOVER

- 25&26 Step right to right, left by right, step right to right
- 27-28 Rock back on left, recover on right
- 29&30 Step left to left, right by left, step left to left making ¼ turn right (9:00)
- 31-32 Rock back on right, recover on left

## REPEAT

## TAG

After 2nd wall (6:00) and 7th wall (12:00)

## STEP, ½ PIVOT TWICE

- 1-2 Step forward on right, ½ pivot left
  - 3-4 Step forward on right, ½ pivot left
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