

# One Tender Night

**Count:** 40

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Glennys Croston (UK)

**Music:** One Tender Night - Carlene Carter



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## **DIAGONAL FORWARD RIGHT, ON A STEP LOCK, STEP LOCK STEP, STEP DIAGONAL FORWARD LEFT, STEP LOCK, STEP LOCK STEP**

- 1-2 Step forward diagonal on right, lock left behind right
- 3&4 Step forward diagonal on right, lock left behind right step forward on right
- 5-6-7&8 Repeat steps 1, 2, 3&4 to left

## **ROCK FORWARD RECOVER, HALF TURN RIGHT, FORWARD SHUFFLE FULL TURN RIGHT, FORWARD SHUFFLE**

- 9-10 Rock forward on right foot, recover weight on left
- 11&12 Making a half turn right, shuffle forward right, left right
- 13-14 Full turn right stepping left right
- 15&16 Shuffle forward on left, right, left

## **ROCK FORWARD RECOVER, BACK LOCK BACK, ROCK FORWARD, RECOVER, HALF TURN LEFT, FORWARD SHUFFLE**

- 17-18 Rock forward on right recover on left
- 19&20 Step back on right, lock left over right, step back on right
- 21-22 Rock forward on left recover on right
- 23&24 Making a half turn left, shuffle forward on left right left

## **CROSS ROCK RECOVER, HALF TURN SHUFFLE FORWARD, CROSS ROCK RECOVER, HALF TURN SHUFFLE FORWARD**

- 25-26 Cross rock right over left, recover weight on left
- 27&28 Making a half turn right, shuffle forward on right, left right
- 29-30 Cross rock left over right, recover weight on right
- 31&32 Making half turn left shuffle forward on left, right, left

## **QUARTER TURN RIGHT, SIDE BEHIND, SIDE CLOSE SIDE, STEP LEFT TO SIDE, RIGHT BEHIND, SIDE CLOSE SIDE**

- 33-34 Making a quarter turn right, step right to side, step left behind right
- 35&36 Step right to side, close left beside right, step right to side
- 37-38 Step left to side, step right behind left
- 39&40 Step left to side, close right beside left, step left to side

**REPEAT**

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